



Chinmaya Vidyalaya
NTPC Unchahar

**ANNUAL SYLLABUS
BREAK UP**

SESSION: 2025-2026

CLASS: VII

Subject :SCIENCE

Subject: SCIENCE

Month	Week	Topics	Sub Topics	Activities
April	W1	Chapter 1: Nutrition in Plants	Introduction to Plant Nutrition	Create a chart on the importance of nutrition in plants
April	W2	Chapter 1: Nutrition in Plants	- Photosynthesis	Create a diagram showing the process of photosynthesis
April	W3	Chapter 1: Nutrition in Plants	Heterotrophic Nutrition, Parasitic Nutrition	Research and present on different modes of nutrition in plants
April	W4	Chapter 1: Nutrition in Plants	Photosynthesis Modes of nutrition	To show that sunlight is necessary for sunlight.
April	W5	Chapter 1: Nutrition in Plants	Symbiotic associations	Draw collage on nutrition in palnts and animals

Subject: SCIENCE

Month	Week	Topics	Sub Topics	Activities
May	W1	Chapter 2: Nutrition in Animals	Human and animal digestive system	Create a chart on the importance of nutrition in animals
May	W2	Chapter 2: Nutrition in Animals Chapter 3: Heat	- Types of Nutrition in Animals Introduction to Heat Definition of Heat, Sources of Heat	Research and present on different types of nutrition in animals Create a chart on the sources of heat
May	W3	SUMMER BREAK		
May	W4	SUMMER BREAK		
May	W5	SUMMER BREAK		

Subject: SCIENCE

Month	Week	Topics	Sub Topics	Activities
June	W1	SUMMER BREAK		
June	W2	SUMMER BREAK		
June	W3	SUMMER BREAK		
June	W4	Chapter 3: Heat	Effects of Heat Expansion, Contraction, Change of State	Research and present on the effects of heat
June	W5	Chapter 3: Heat	Transfer of Heat Conduction, Convection, Radiation	Conduct experiments to demonstrate the transfer of heat

Subject: SCIENCE

Month	Week	Topics	Sub Topics	Activities
July	W1	L.4.Acids, Bases and salts	Introduction to Acids and Bases	Create a chart on the characteristics of acids and bases
July	W2	L.4.Acids, Bases and salts	pH Scale Definition of pH Scale, Importance of pH Scale	Research and present on the importance of pH scale
July	W3	L.5.Physical and chemical changes	Introduction to Physical Changes Definition of Physical Changes, Examples of Physical Changes	Create a chart on the examples of physical changes
July	W4	L.5.Physical and chemical changes	Introduction to Chemical Changes Definition of Chemical Changes, Examples of Chemical Changes	Research and present on the examples of chemical changes
July	W5	L.5.Physical and chemical changes	Differences between Physical and Chemical Changes Characteristics of Physical and Chemical Changes	Create a diagram showing the differences between physical and chemical changes

Subject: SCIENCE

Month	Week	Topics	Sub Topics	Activities
August	W1	L.6.Respiration in organisms	Introduction to Respiration Definition of Respiration, Importance of Respiration	Create a chart on the importance of respiration
August	W2	L.6.Respiration in organisms	Types of Respiration Aerobic and Anaerobic Respiration	Make a model of Respiratory System
August	W3	L.7.Transportation in Animals and plants	Transportation in Animals Circulatory System, Lymphatic System	Create a chart comparing the xylem and phloem.
August	W4	L.7.Transportation in Animals and plants	Comparison of Transportation Systems Similarities and Differences between Animal and Plant Transportation Systems	Create a chart comparing the transportation systems in animals and plants
August	W5	L.7.Transportation in Animals and plants	Revision and Practice	MCQ, Question answers, Fill ups exercises etc

Subject: SCIENCE

Month	Week	Topics	Sub Topics	Activities
September	W1	REVISION		
September	W2	REVISION		
September	W3	REVISION		
September	W4	REVISION		
September	W5	L.8.Reproduction in Plants	Introduction to Reproduction in Plant	Discussion on the topic

Subject: SCIENCE

Month	Week	Topics	Sub Topics	Activities
October	W1	L.8.Reproduction in Plants DUSSHERA BREAK	Definition of Reproduction, Importance of Reproduction in Plants	Create a chart on the importance of reproduction in plants
October	W2	L.8.Reproduction in Plants	Sexual and Asexual Reproduction	Research and present on the differences between sexual and asexual reproduction
October	W3	DIWALI BREAK		
October	W4	L.8.Reproduction in Plants	Plant Reproductive Structures	Differentiating demonstration of Flowers, Fruits, and Seeds
October	W5	L.8.Reproduction in Plants	Types of reproduction Pollination and their types Seed dispersal	Make a Herbarium File showing different reproductive parts of flower

Subject: SCIENCE

Month	Week	Topics	Sub Topics	Activities
November	W1	L.9.Motion and time	Definition of Motion, Types of Motion	Create a chart on the types of motion
November	W2	L.9.Motion and time	Measurement of Time Definition of Time, Units of Time	Research and present on the importance of time measurement
November	W3	L.10.Electric and its Effects	Definition of Electric Current, Importance of Electric Current	Create a chart on the importance of electric current
November	W4	L.10.Electric and its Effects	Effects of Electric Current	Research and present on the effects of electric current
November	W5	L.10.Electric and its Effects	: Revision and Practice	MCQ,Question and Answers ,Fill ups,Etc

Subject: SCIENCE

Month	Week	Topics	Sub Topics	Activities
December	W1	L.11 Light	Introduction to Light Definition of Light, Importance of Light	Create a chart on the importance of light
December	W2	L.11 Light	Reflection and its types Types of mirrors and lenses and their uses Definition of Refraction, Laws of Refraction	Practice drawing diagrams to show reflection of light Refraction of Light Definition of Refraction, Laws of Refraction
December	W3	L.12.Forests Our Lifeline	Introduction to Forests	Definition of Forests, Importance of Forests
December	W4	L.12.Forests Our Lifeline	Topic - Introduction to Forests Definition of Forests, Importance of Forests	Create a chart on the importance of forests
December	W5	L.12.Forests Our Lifeline	- Forest Ecosystem Producers, Consumers, Decomposers	Create a diagram showing the forest ecosystem

Subject: SCIENCE

Month	Week	Topics	Sub Topics	Activities
January	W1	WINTER BREAK		
January	W2	WINTER BREAK		
January	W3	Chapter 13: Waste Water Story	Create a diagram showing the forest ecosystem	: Create a chart on the sources of waste water
January	W4	Chapter 13: Waste Water Story	Waste water Water treatment plant Ways to reduce waste water	Make a project on Waste water Treatment Plant
January	W5	REVISION FOR ANNUAL EXAMINATION		

Subject: SCIENCE

Month	Week	Topics	Sub Topics	Activities
Feb	W1	REVISION FOR ANUUAL EXAMINATION		
Feb	W2	REVISION FOR ANUUAL EXAMINATION		
Feb	W3	REVISION FOR ANUUAL EXAMINATION		
Feb	W4	REVISION FOR ANUUAL EXAMINATION		
Feb	W5	REVISION FOR ANUUAL EXAMINATION		

Subject: SCIENCE

Month	Week	Topics	Sub Topics	Activities
Mar	W1	REVISION FOR ANUUAL EXAMINATION		
Mar	W2	REVISION FOR ANUUAL EXAMINATION		
Mar	W3	REVISION FOR ANUUAL EXAMINATION		
Mar	W4	REVISION FOR ANUUAL EXAMINATION		
Mar	W5	REVISION FOR ANUUAL EXAMINATION		

Examination Wise Syllabus Breakup 2025-26

Examination	Chapter No./Chapter Name
PT-1	L.1.Nutrition in plants L.2.Nutrition in animals L.3.Heat
Term-1/Half Yearly Exam	L.1.Nutrition in plants L.2.Nutrition in animals L.3.Heat L.4.Acids, Bases and salts L.5.Physical and chemical changes L 6. Respiration in Organisms L.7 Transportation in Animals and Plants
PT-2	L 8. Reproduction in Plants L.9.Motion and time L.10.Electric and its Effects
Term-2/Annual Exam	L 8. Reproduction in Plants L.9.Motion and time L.10.Electric current and its Effects L.11..Light L.12..Forests Our Lifeline L 13.Wastewater Story L.2.Nutrition in animals



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**ANNUAL SYLLABUS
BREAK UP**

SESSION: 2025-2026

CLASS: VII

Subject :Computer

Subject: Computer

Month	Week	Topics	Sub Topics	Activities
April	W1	1. Number System	Introduction Understand and differentiate between various number systems.	
April	W2	1. Number System	Convert numbers between different systems, including decimal to binary, binary to decimal, octal to decimal and hexadecimal to decimal	Critical Thinking and Problem Solving Page -14
April	W3	1. Number System	Convert numbers between different systems, including decimal to binary, binary to decimal, octal to decimal and hexadecimal to decimal	
April	W4	1. Number System	Perform addition, subtraction , on binary numbers.	Lab session Page-15
April	W5	2. Spreadsheet- Formulas and Functions	Understand and apply basic and advanced Excel Formulas	

Subject: Computer

Month	Week	Topics	Sub Topics	Activities
May	W1	2. Spreadsheet- Formulas and Functions	Efficiently use cell references in Excel calculations.	
May	W2	2. Spreadsheet- Formulas and Functions	Perform different operations.	Critical Thinking and Problem Solving Page -25
May	W3	2. Spreadsheet- Formulas and Functions	Identify and correct common Excel formulas errors.	Lab Session- Page 26
May	W4	SUMMER VACATION STARTS (19/05/2025)		
May	W5			

Subject: Computer

Month	Week	Topics	Sub Topics	Activities
June	W1			
June	W2			
June	W3	SUMMER VACATION ENDS (SCHOOL REOPENS ON 20-06-2025) 3. Krita- Image Editing	Introduction Understand the core functionalities of Krita	
June	W4	3. Krita- Image Editing	Use various selection tools in Krita	
June	W5	3. Krita- Image Editing	Use various editing tools effectively	

Subject: Computer

Month	Week	Topics	Sub Topics	Activities
July	W1	3. Krita- Image Editing	Use various editing tools effectively	Critical Thinking and Problem Solving Page -35
July	W2	3. Krita- Image Editing	Open and edit images using Krita EXERCISES & REVISION	
July	W3	PT1-STARTS (17-07-2025)		
July	W4	PT1-ENDS (24-07-2025) 3. Krita- Image Editing		LAB SESSION- Page- 36
July	W5	4. Canva- An Introduction	Introduction Features of Canva Use Canva's interface easily	

Subject: Computer

Month	Week	Topics	Sub Topics	Activities
August	W1	4. Canva- An Introduction	Create and Customise designs using templates	
August	W2	4. Canva- An Introduction	Collaborate on design Projects in real-time.	Critical Thinking and Problem Solving Page - 44
August	W3	4. Canva- An Introduction 5. Google Apps	Export and share designs in various formats	LAB SESSION- PAGE 45
August	W4	5. Google Apps		Critical Thinking and Problem Solving Page -58
August	W5	5. Google Apps		LAB SESSION –Page 59

Subject: Computer

Month	Week	Topics	Sub Topics	Activities
September	W1	REVISION Chapter 1,2,3,4,5		
September	W2	HALF YEARLY EXAM STARTS (10-09-2025)		
September	W3	HALF YEARLY EXAM CONTINUES		
September	W4	HALF YEARLY EXAM ENDS (23-09-2025) 6. App Development	Understand the different types of apps and their purposes	
September	W5	6. App Development	Understand the different types of apps and their purposes	

Subject: Computer

Month	Week	Topics	Sub Topics	Activities
October	W1	Dussehra Break (01-10-2025 to 04-10-2025)		
October	W2	6. App Development	Download and install apps	Critical Thinking and Problem Solving Page -73
October	W3	6. App Development	Design a basic app using MIT App Inventor Test and debug an app.	Critical Thinking and Problem Solving Page -74
October	W4	Deepawali Break (20-10-2025 to 23-10-2025) 7. HTML 5- Lists and Tables	Introduction	
October	W5	7. HTML 5- Lists and Tables	Create and format different types of lists.	

Subject: Computer

Month	Week	Topics	Sub Topics	Activities
November	W1	7. HTML 5- Lists and Tables	Create description and nested lists	
November	W2	7. HTML 5- Lists and Tables	Create tables to organize data in rows and columns.	
November	W3	7. HTML 5- Lists and Tables	Create tables to organize data in rows and columns.	
November	W4	7. HTML 5- Lists and Tables	Customise lists and tables using various attributes	Critical Thinking and Problem Solving Page -91
November	W5	7. HTML 5- Lists and Tables		LAB SESSION -93

Subject: Computer

Month	Week	Topics	Sub Topics	Activities
December	W1	PT2 STARTS (01-12-2025) 8. MakeCode Arcade- Advanced Blocks	Explain the basic blocks of MakeCode Arcade	
December	W2	PT2 ENDS (10-12-2025) 8. MakeCode Arcade- Advanced Blocks	Use the Game blocks to control the flow and rules of game.	Critical Thinking and Problem Solving – Page 103
December	W3	8. MakeCode Arcade- Advanced Blocks	Track scores and manage player lives using info blocks.	LAB SESSION – Page-105
December	W4	8. MakeCode Arcade- Advanced Blocks	Perform various mathematical operations within the game using Math blocks.	
December	W5	9. Python –Conditions and Loops	Using conditional statements in Python	

Subject:Computer

Month	Week	Topics	Sub Topics	Activities
January	W1	WINTER BREAK 01-01-2026		
January	W2	WINTER BREAK		
January	W3	9. Python –Conditions and Loops	Using conditional statements in Python	
January	W4	9. Python –Conditions and Loops	Use of loops in Python	Critical Thinking and Problem Solving –Page 123
January	W5	9. Python –Conditions and Loops	Debug programs with logical errors in syntax and conditions.	LAB SESSION-Page 124

Subject: Computer

Month	Week	Topics	Sub Topics	Activities
February	W1	10. Relate with AI	Identify various AI products around us. Explain how AI improves user experiences	Critical Thinking and Problem Solving Page-133
February	W2	10. Relate with AI	Recognize the benefits of smart home devices. Understand the benefits of smart city.	REVISION- Page-134
February	W3	REVISION		
February	W4	REVISION		
February	W5	REVISION		

Subject: Computer

Month	Week	Topics	Sub Topics	Activities
March	W1	HOLI BREAK		
March	W2	ANNUAL EXAMINATION STARTS (07-03-2026)		
March	W3	ANNUAL EXAMINATION ENDS (19-03-2026)		
March	W4			
March	W5			

Examination Wise Syllabus Breakup 2025-26

Examination	Chapter No./Chapter Name
PT-1	Chapter 1-Number System Chapter 2- Spreadsheet- Formulas and Functions
Term-1/Half Yearly Exam	Chapter 1-Number System Chapter 2- Spreadsheet- Formulas and Functions Chapter 3- Krita- Image Editing Chapter 4- Canva- An Introduction Chapter 5- Google Apps
PT-2	Chapter 6-App Development Chapter 7- HTML5- Lists and Tables
Term-2/Annual Exam	Chapter 6-App Development Chapter 7- HTML5- Lists and Tables Chapter 8- MakeCode Arcade- Advanced Blocks Chapter 9- Conditions and Loops Chapter 10- Relate with AI



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ANNUAL SYLLABUS
BREAK UP

SESSION: 2025-2026

CLASS: VII

Subject: English

Subject: English

Month	Week	Topics	Sub Topics	Activities
April	W1	Three Questions The Squirrel (Poem)	Text and question answers	List of a to do works
April	W2	A Gift of Chappals	Text and question answer	
April	W3	GRAMMAR Parts Of Speech	Parts of Speech – Noun, Pronoun Adjective, Adverbs, Preposition, Conjunction, Interjection	Spin A Yarn- Framing Sentences to build-up a story
April	W4	GRAMMAR Parts Of Speech	Parts of Speech – Noun, Pronoun Adjective, Adverbs, Preposition, Conjunction, Interjection	Spin A Yarn- Framing Sentences to build-up a story
April	W5	WRITING SECTION Notice	Notice: Lost and Found, Inter-House and Inter-School Competition	

Subject: English



Month	Week	Topics	Sub Topics	Activities
May	W1	The Rebel (Poem)	Text and question answers	
May	W2	Gopal And The Hilsa Fish	Text and question answers	Role play
May	W3	Gopal And The Hilsa Fish	Text and question answers	Role play
May	W4	Summer vacation		
May	W5	Summer vacation		

Subject: English

Month	Week	Topics	Sub Topics	Activities
June	W1	Summer vacation		
June	W2	Summer vacation		
June	W3	Summer vacation		
June	W4	The Tiny Teacher Letter Writing	Letter Writing: Informal Letter (letters based on lessons and their characters)	
June	W5	GRAMMAR Sentences	Sentences: Assertive, Interrogative, Imperative, Exclamatory and Clauses: Noun and Adjective	Think-Pair-Share Transformation of Sentences

Subject: English



Month	Week	Topics	Sub Topics	Activities
July	W1	GRAMMAR Sentences	Sentences: Assertive, Interrogative, Imperative, Exclamatory and Clauses: Noun and Adjective	Think-Pair-Share Transformation of Sentences
July	W2	Bringing up Kar Story Writing	Story Writing: Based on Hints and Imaginary.	Picture Envelope - A Vocabulary Building Fun Game.
July	W3	PT 1 starts		
July	W4	PT 1 ends		
July	W5	The Ashes That Made Tree Bloom. Chivvy (Poem) The Shed (Poem)	Text and question answers	

Subject: English



Month	Week	Topics	Sub Topics	Activities
August	W1	Golu Grows A Nose Letter Writing	Letter Writing- Formal: To the Principal, Editor and Business Letter)	
August	W2	Tenses, Synthesis	Tenses- (Simple Present, Past and Future) Synthesis- Simple & Compound	Draw dif Dialogue Delivery Question- Answer ferent naming words.
August	W3	Tenses, Synthesis	Tenses- (Simple Present, Past and Future) Synthesis- Simple & Compound	Draw dif Dialogue Delivery Question- Answer ferent naming words.
August	W4	Tenses, Synthesis	Tenses- (Simple Present, Past and Future) Synthesis- Simple & Compound	Draw dif Dialogue Delivery Question- Answer ferent naming words.
August	W5	Quality Chandni	Text and question answers	

Subject: English

Month	Week	Topics	Sub Topics	Activities
September	W1	Subject-Verb Agreement	Subject- Verb Agreement- Singular, Plurals and Their Agreement with The Verb.	Public Speaking- The Art of Public Speaking
September	W2	Essay Writing	Essay Writing(Person, Event and Imaginary	
September	W3	Expert Detectives Mystery of The Talking Fan (Poem)		
September	W4			
September	W5			

Subject: English

Month	Week	Topics	Sub Topics	Activities
October	W1			
October	W2			
October	W3			
October	W4			
October	W5			

Subject: English

Month	Week	Topics	Sub Topics	Activities
November	W1			
November	W2			
November	W3			
November	W4			
November	W5			

Subject: English

Month	Week	Topics	Sub Topics	Activities
December	W1			
December	W2			
December	W3			
December	W4			
December	W5			

Subject: English

Month	Week	Topics	Sub Topics	Activities
January	W1			
January	W2			
January	W3			
January	W4			
January	W5			

Subject: English

Month	Week	Topics	Sub Topics	Activities
February	W1			
February	W2			
February	W3			
February	W4			
February	W5			

Subject: English



Month	Week	Topics	Sub Topics	Activities
March	W1			
March	W2			
March	W3			
March	W4			
	W5			



Examination Wise Syllabus Breakup 2025-26

Examination	Chapter No./Chapter Name
PT-1	
Term-1/Half Yearly Exam	
PT-2	
Term-2/Annual Exam	

CHINMAYA VEDYALAYA

CHINMAYA MISSION

KEEP SMILING



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**ANNUAL SYLLABUS
BREAK UP**

SESSION: 2025-2026

CLASS: 7

Subject :Sanskrit

Subject: Sanskrit

Month	Week	Topics	Sub Topics	Activities
April	W1	प्रथमः पाठः- सुभाषितानि	श्लोकानां भावार्थः	
April	W2	संस्कृत वर्णमाला	वर्ण -विच्छेदःसंयोजनश्च	
April	W3	द्वितीयःपाठः- दुर्बद्धिः विनश्यति	आकारान्त स्त्रीलिङ्गः	दश नामानां वर्ण विच्छेदं कुरुत।
April	W4	शब्दरूपाणि	देव, लता, नदी, फल	सुभाषितश्लोकानां स्मरणम्
April	W5	धातुरूपाणि	लकारः-लट्, लृट्, - पठ्, क्रीड्, पा(पिब), वद्, लिख्, हस्, धाव्, लभ्, याच्, वन्द्	संख्या गीतम्

Subject: Sanskrit

Month	Week	Topics	Sub Topics	Activities
QMay	W1	तृतीयः पाठः - स्वावलम्बनम्	सर्वनामरूपाणि(तत्, एतत्, इदम्, किम्, त्रिषु लिङ्गेषु)	
May	W2	अव्ययानि, उपसर्गाः, संख्या लेखनम्	एकतःविंशति पर्यन्तम् (1-20)	शब्द रूप कंठ ठस्थी करणम्
May	W3	ग्रीष्मकालीनावकाशः		
May	W4	ग्रीष्मकालीनावकाशः		
May	W5	ग्रीष्मकालीनावकाशः		

Subject: Sanskrit

Month	Week	Topics	Sub Topics	Activities
June	W1	ग्रीष्मकालीनावकाशः		
June	W2	ग्रीष्मकालीनावकाशः		
June	W3	ग्रीष्मकालीनावकाशः		
June	W4	पुनरावृत्तिः	अभ्यासश्च	
June	W5	अपठित गद्यांशः धातुरूपाणि	अर्थावबोधनम् लङ् लकारः - पठ्, क्रीड्, पा (पिब)वद्, लिख्, हस्, धाव्, लभ्, याच्, वन्द्)	

Subject: Sanskrit

Month	Week	Topics	Sub Topics	Activities
July	W1	चतुर्थःपाठः - पण्डिता रमाबाई	गद्यांशबोधः	
July	W2	प्रश्न निर्माणम्	परस्पर प्रश्नोत्तराणि	
July	W3	सन्धिः	(दीर्घःगुण, वृद्धिः)	सन्धि परीक्षणम्
July	W4	शब्दरूपाणि	साधु, मुनि	
July	W5	पुनरावृत्ति एवं प्रथमावर्ती मूल्याङ्कनम्		

Subject: Sanskrit

Month	Week	Topics	Sub Topics	Activities
August	W1	पञ्चमःपाठः - सदाचारः	पद्यांशबोधः	
August	W2	सर्वनामरूपाणि समयलेखनम्	अस्मद्, युष्मद् कालज्ञानम्	श्लोक कंठस्थी कर णम्
August	W3	षष्ठःपाठः - सङ्कल्पः सिद्धिदायकः	काठिन्य निवारणम् अवबोधनञ्च	संस्कृत गीतानि
August	W4	अनुवादः चित्रवर्णनम्	भाषाकौशलम्	

Subject:Sanskrit

Month	Week	Topics	Sub Topics	Activities
September	W1	सप्तमःपाठः-त्रिवर्णःध्वजः	गद्यांशबोधः	
September	W2	पत्र लेखनम्	अवबोधनम्	देश गीतम्
September	W3	पुनरावृत्तिःअर्द्ध वार्षिकी परीक्षाश्च		
September	W4	कारकाणि	कर्ता-अधिकरणपर्यन्तम्	

Subject:Sanskrit

Month	Week	Topics	Sub Topics	Activities
October	W1	दशहरावकाशः		
October	W2	अष्टमःपाठः- अहमपि विद्यालयं गमिष्यामि	गद्यांशः	श्रुतलेखेन संस्कृत शुद्ध लेखनम्
October	W3	संख्या लेखनम् -(21-50) एकविंशतितः पञ्चाशत पर्यन्तम् प्रत्ययाः	उपपदविभक्तिः	
October	W4	दीपावलि - अवकाशः		
October	W5	नवमःपाठः - विश्वबंधुत्वम् शब्दरूपाणि	गद्यांशः (माता,पिता)	रूपाणाम् अवबोधनं कंठस्थीकरणञ्च

Subject: Sanskrit

Month	Week	Topics	Sub Topics	Activities
November	W1	दशमःपाठः- समवायो हि दुर्जयः	गद्यांशः	
November	W2	धातुरूपाणि	लोट्, विधिलिङ् लकारः भ्रम्, नम्, दृश्, गम् (गच्छ), भू, कृ, स्था, पच्, सेव्, रूच्, वृत्	धातुरूपस्मरणम् अवबोधनञ्च।
November	W3	एकादश-पाठः - विद्याधनम्	गद्यांशबोधः	
November	W4	सन्धिः (अयादि, यण, पूर्वरूप) अशुद्धि-संशोधनम्	सन्धि-ज्ञानम्	अयादि सन्धेः 5 उदाहरणानि लिखन्तु

Subject: Sanskrit

Month	Week	Topics	Sub Topics	Activities
December	W1	पुनरावृत्ति: एवं द्वितीयावर्ती मूल्याङ्कनम्		
December	W2	द्वादशपाठः- अमृतं संस्कृतम्	गद्यांशः	संस्कृत गीतम्
December	W3	प्रश्ननिर्माणम्	अनुवादः	लिखित अभ्यासः
December	W4	पत्रलेखनम्		
December	W5	शीतकालीनावकाशः		

Subject: Sanskrit

Month	Week	Topics	Sub Topics	Activities
January	W1	शीतकालीनावकाशः		
January	W2	त्रयोदशपाठः- लालनगीतम्	पद्यांशबोधः	गीत स्मरण म्
January	W3	अपठित गद्यांशः		
January	W4	पुनरावृत्तिः अभ्यासश्च		

Subject:Sanskrit

Month	Week	Topics	Sub Topics	Activities
February	W1	पुनरावृत्ति: एवं वार्षिक परीक्षा		

Subject:Sanskrit

Month	Week	Topics	Sub Topics	Activities
	W1	मूल्याङ्कनं परीक्षणश्च		

Examination Wise Syllabus Breakup 2025-26

Examination	Chapter No./Chapter Name
PT-1	<p>संस्कृत-रुचिरा द्वितीयः भागः २ (पाठः क्र.- 1,2,3)</p> <p>वर्णमाला, उच्चारणस्थानानि, वर्णसंयोजनम्, वर्णविच्छेदः संख्या-लेखनम् (1-20), शब्दरूपाणि (देव, लता, नदी, फल), सर्वनामरूपाणि (तत्, एतत्, इदम्, किम् - त्रिषु लिङ्गेषु), धातुरूपाणि - लट्, लृट् लकारः- (पठ्, क्रीड्, वद्, लिख्, हस्, धाव्, लभ् याच्, वन्द्, पा (पिब)), अव्ययम्, उपसर्गः अपठित-गद्यांशः, धातु रूपाणि- (लकारः - लङ् पठ्, क्रीड्, वद्, लिख्, हस्, धाव्, लभ् याच्, वन्द्, पा (पिब)) प्रश्ननिर्माणम्</p>
Term-1/Half Yearly Exam	<p>संस्कृत-रुचिरा द्वितीयः भागः २ (पाठः क्र.- 1,2,3,4,5,6,7,8)</p> <p>अपठित-गद्यांशः, पत्रलेखनम्, चित्रवर्णनम्, अनुवादः, वर्णमाला, उच्चारणस्थानानि, वर्णसंयोजनम्, वर्णविच्छेदः शब्दरूपाणि (देव, लता, फूल, नदी), धातुरूपाणि (लकारः लट्, लृट् पठ्, क्रीड्, पा (पिब), वद्, लिख्, हस्, धाव्, लभ्, याच्, वन्द्), सर्वनामरूपाणि (तत्, एतत्, इदम्, किम् त्रिषु लिङ्गेषु), अव्ययम्, उपसर्गः, संख्या लेखनम् (1-20) धातुरूपाणि (लङ् लकारः - पठ्, क्रीड्, पा (पिब), वद्, लिख्, हस्, धाव्, लभ् याच्, वन्द्), प्रश्ननिर्माणम्, सन्धिः (दीर्घः, गुणः, वृद्धिः), शब्दरूपाणि (साधु, मुनि), सर्वनामरूपाणि (अस्मद्, युष्मद्), समयलेखनम्, अशब्द-संशोधनम्। पठित गद्यांश-पद्यांश-नाट्यांशः श्लोकस्य अन्वयः, घटनाक्रमः।</p>
PT-2	<p>संस्कृत-रुचिरा द्वितीयः भागः २ (पाठः क्र.- 9,10,11)</p> <p>कारकम् (कर्ता-अधिकरणम्), उपपदविभक्तिः, प्रत्ययाः, संख्यालेखनम् (21-50) शब्दरूपाणि (माता, पिता), धातुरूपाणि (लोट्, विधिलिङ् लकारः, भ्रम्, नम्, दृश्, गम्</p>

	(गच्छ), भू, कृ, स्था, पच् सेव, रुच्, वृत्), सन्धिः (अयादि, यण, पूर्वरूप), अशुद्धि-संशोधनम् ।
Term-2/Annual Exam	<p>संस्कृत-रुचिरा द्वितीयः भागः - २ (पाठः क्र.- 9,10,11,12,13,14,15)</p> <p>अपठित-गद्यांशः, पत्रलेखनम्, चित्रवर्णनम्, अनुवादः, कारकम् (कर्ता-अधिकरणम्), उपपदविभक्तिः, प्रत्ययाः, संख्यालेखनम् (21-50), शब्दरूपाणि (माता, पिता) धातुरूपाणि (लोद्, विधिलिङ् लकारः, भ्रम्, नम्, दृश, गम् (गच्छ), भू, कृ, स्था, पच् सेव रुच्, वृत्.), सन्धिः (अयादि, यण, पूर्वरूप), अशुद्धि-संशोधनम्, पठित गद्यांश-पद्यांश नाव्यांशः, शोधाय आय, घटनाक्रमः ।, प्रश्न निर्माणम्, लोकपूर्तिः पर्यायवाचि, विलोमपदानि</p>



Chinmaya Vidyalaya
NTPC Unchahar

**ANNUAL SYLLABUS
BREAK UP**

SESSION: 2025-2026

CLASS: VII

Subject :Drawing

Subject: Drawing

Month	Week	Topics	Sub Topics	Activities
April	W1	1. INTRODUCTION 2. OBJECT DRAWING (PENCIL SHADING) 3. STILL LIFE (PENCIL SHADING) 4. FLOWERS	LINE DRAWING AND SHADING	DRAWING AND SHADING
April	W2	5. LEAVES 6. FRUITS 7. VEGETABLES 8. TREES	LINE DRAWING AND SHADING	DRAWING AND SHADING
April	W3	9. MOUNTAINS 10. ANIMALS 11. AQUATIC ANIMALS 12. LANDSCAPES	LINE DRAWING AND SHADING	DRAWING AND SHADING
April	W4	13. LANDSCAPES (WATERCOLOUR) 14. ATTRACTIVE LANDSCAPES 15. LANDSCAPES (CRAYON COLOUR) 16. LANDSCAPES (PASTEL COLOUR)	DRAWING AND COLOURING WITH WATER COLOUR AND PASTEL	DRAWING AND COLOURING
April	W5	17. LANDSCAPES (PENCIL SHADING) 18. ELEMENTS 19. FACE 20. FEET	DRAWING AND COLOURING WITH PENCIL	DRAWING AND COLOURING

Subject: Drawing

Month	Week	Topics	Sub Topics	Activities
May	W1	21. HUMAN FIGURE 22. HUMAN FIGURE COMPOSITION 23. PENCIL STRUCTURE 24. PORTRAIT (PENCIL SHADING)	HUMAN FIGURE COMPOSITION	DRAWING AND COLOURING
May	W2	25. BODY SHADING 26. FIGURE PROPORTION 27. FIGURE COMPOSITION 28. PEN AND INK	BODY SHADING	DRAWING AND COLOURING
May	W3	29. WATERCOLOUR 30. ACRYLIC PAINTING 31. FINGER PAINTING 32. PLASTIC MODELLING	USE OF DIFFERENT COLOUR	DRAWING AND COLOURING
May	W4		-	-
May	W5		-	-

Subject: Drawing

Month	Week	Topics	Sub Topics	Activities
June	W1			
June	W2			
June	W3			
June	W4	33. KNIFE PAINTING 34. PASTEL COLOUR 35. DESIGN (PENCIL) 36. DESIGN (PEN]	USE OF DIFFERENT MEDIUM	DWARING AND COLOURING
June	W5	37. DESIGN UNITS 38. FREEDHAND DESIGN (WATERCOLOUR) 39. MONUMENT 40. SWING (WATERCOLOUR)	FREE HAND DRAWING AND COLOURING	DWARING AND COLOURING

Subject: Drawing

Month	Week	Topics	Sub Topics	Activities
July	W1	41. SUPER HEROES 42. CARTOONS 43. PENCIL COMPOSITION 44. HUMAN FIGURE COMPOSITION	SUPER HEROES , CARTOONS DRAWING AND COLOURING	DRAWING AND COLOURIG
July	W2	45. ARTIST VIVASH CHANDRA 46. ARTIST RIBBON PAINTING 47. LADYING AND STONES	INTRODUCTION TO ARTIST VIVASH CHANDRA	THEORY CLASS
July	W3	48. CAPSICUM AND DESIGN 49. DESIGN (PEN) 50. MESH AND DESIGNS	DESIGNING ELEMENTS	DRAWING AND COLOURING
July	W4	51. FREEDHAND DESIGN (WATERCOLOUR) 52. MONUMENT	FREEDHAND DESIGN AND COLOURING	DRAWING AND COLOURING
July	W5	53. SWING (WATERCOLOUR) 54. SUPER HEROES	SUPER HEROES CREATION	DRAWING AND COLOURING

Subject: Drawing

Month	Week	Topics	Sub Topics	Activities
August	W1	55. CARTOONS	DRAWING AND COLOURING CARTOON	DRAWING AND COLOURING
August	W2	56. PENCIL COMPOSITION	PENCIL DRAWING	PASTING AND COLOURING
August	W3	57. HUMAN FIGURE COMPOSITION	LEARNING COMPOSITION	PAPER WEAVING
August	W4	58. ARTIST VIVASH CHANDRA	KNOWING AN ARTIST	DRAWING AND COLOURING
August	W5	59. ARTIST COMPOSITION	ARTIST COMPOSITION	DRAWING AND COLOURING

Subject: Drawing

Month	Week	Topics	Sub Topics	Activities
September	W1	60. LADYING AND STONES	SKETCHPEN	DRAWNG AND COLOURING
September	W2	61. CAPSICUM AND DESIGN	DESIGNING	DRAWNG AND COLOURING
September	W3	62. DESIGN (PEN)	PEN DRAWING	DRAWING AND COLORING
September	W4	63. MESH AND DESIGNS	PAPER PROCESS	NEW TECHNIQUE
September	W5	64. FREEDHAND DESIGN (WATERCOLOUR)	CREATING FREEHANDS COLOURING AND DRAWING	DRAWING AND COLOURING

Subject: Drawing

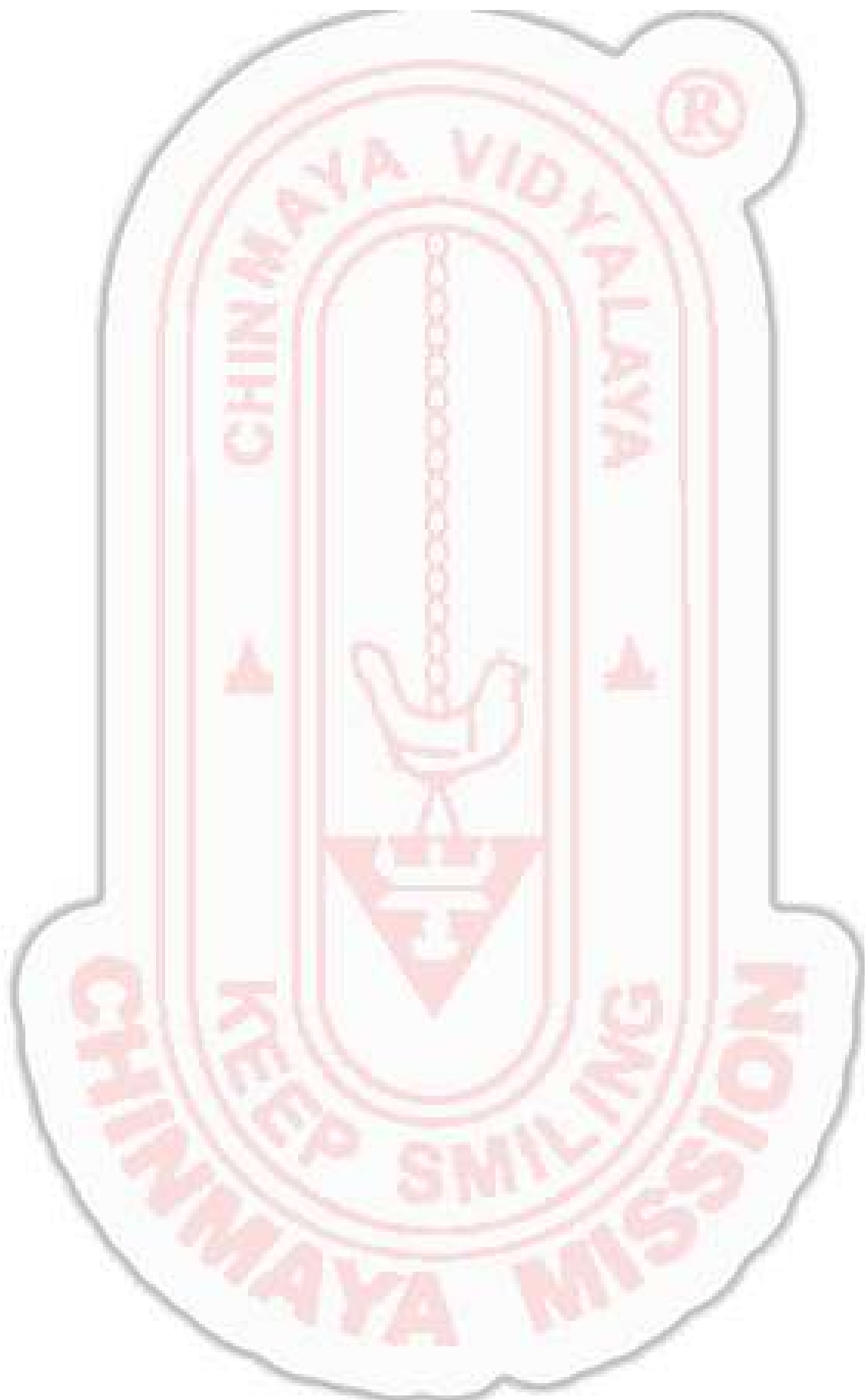
Month	Week	Topics	Sub Topics	Activities
October	W1	65.DIWALI PAINTING	DRAWING PICTURE	DRAWING AND COLOURING
October	W2	67.DURGA POOJA PAINTING	DRAWING LAYOUT AND COLOURING	DRAWING AND COLOURING
October	W3	68.DURGA POOJA PAINTING	DRAWING LAYOUT AND COLOURING	DRAWING AND COLOURING
October	W4	69.CHAT POOJA DRAWING	DRAWING LAYOUT AND COLOURING	DRAWING AND COLOURING
October	W5	70..CHAT POOJA COLOURING	DRAWING LAYOUT AND COLOURING	DRAWING AND COLOURING

Subject: Drawing

Month	Week	Topics	Sub Topics	Activities
November	W1	71.SAVE WATER POSTER DRAWING	LAYOUT MAKING DRAWING AND COLOURING	DRAWING AND COLOURING
November	W2	72. SAVE WATER POSTER COLOUR	LAYOUT MAKING DRAWING AND COLOURING	DRAWING AND COLOURING
November	W3	73.SLOGAN CALLIGRAPHY	LAYOUT MAKING DRAWING AND COLOURING	DRAWING AND COLOURING
November	W4	74. SLOGAN CALLIGRAPHY	LAYOUT MAKING DRAWING AND COLOURING	DRAWING AND COLOURING
November	W5	75.PRODUCT DESIGN	LAYOUT MAKING DRAWING AND COLOURING	DRAWING AND COLOURING

Subject: Drawing

Month	Week	Topics	Sub Topics	Activities
December	W1	76. PRODUCT DESIGN	LAYOUT MAKING DRAWING AND COLOURING	DRAWING AND COLOURING
December	W2	77. STONE PAINTING	DESING MAKING AND COLOURING	DRAWING AND COLOURING
December	W3	78. STONE PAINTING	DESING MAKING AND COLOURING	DRAWING AND COLOURING
December	W4	79. BOTTEL PAINTING	DESING MAKING AND COLOURING	DRAWING AND COLOURING
December	W5	80. BOTTEL PAINTING	DESING MAKING AND COLOURING	DRAWING AND COLOURING





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**ANNUAL SYLLABUS
BREAK UP**

SESSION: 2025-2026

CLASS: VII

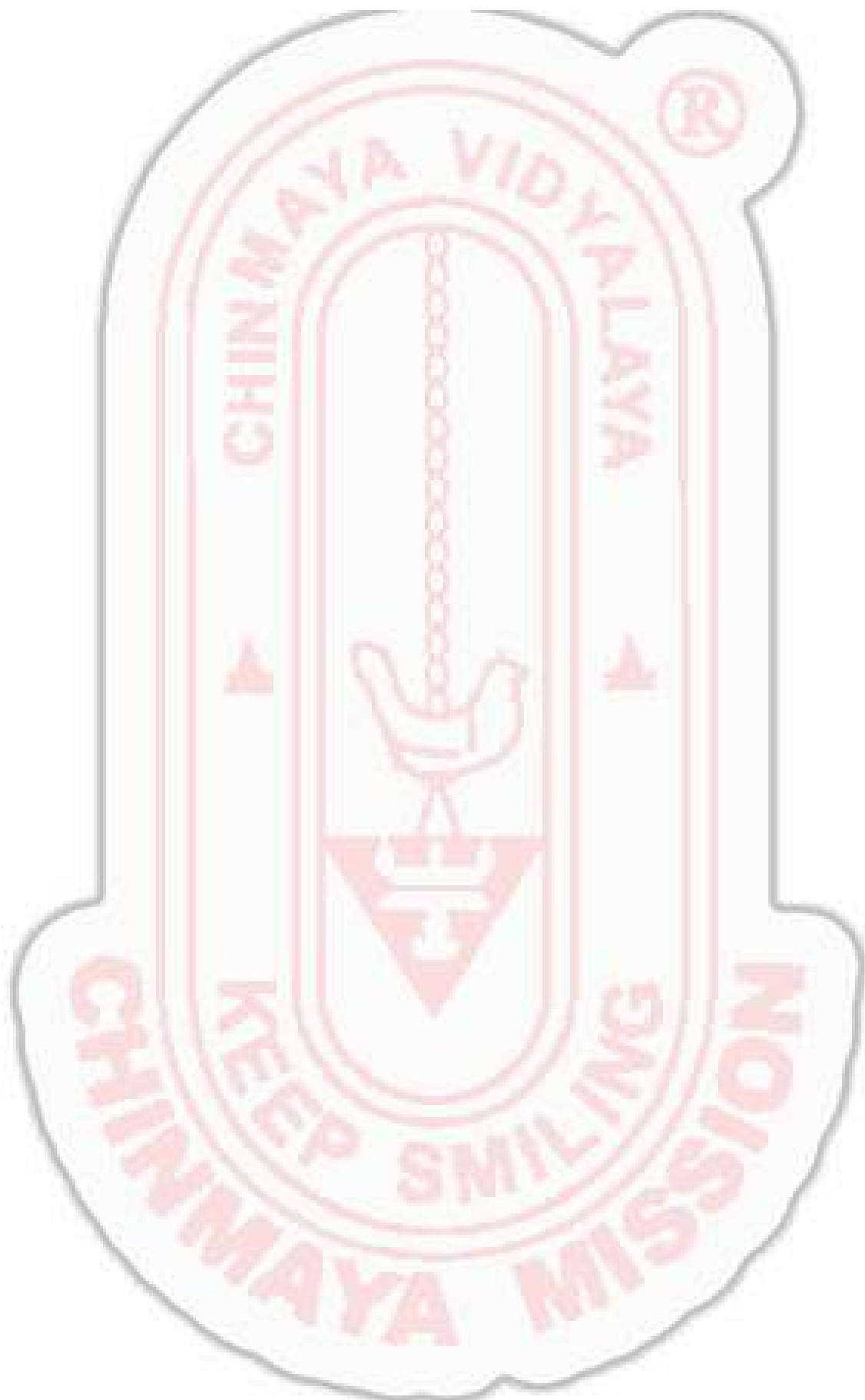
Subject : MATHEMATICS

Subject: Mathematics

Month	Week	Topics	Sub Topics	Activities
April	W1	1. INTEGERS	1. PROPERTIES OF INTEGERS	
April	W2	1. INTEGERS	2. MULTIPLICATION OF INTEGERS	1. TO MULTIPLY A FRACTION BY A NUMBER
April	W3	1. INTEGERS	3. DIVISION OF INTEGERS	2. TO MULTIPLY TWO FRACTIONS.
April	W4	1. INTEGERS	4. Problems & CET	
April	W5	2. FRACTIONS & DECIMALS	1. MULTIPLICATION OF FRACTIONS & DECIMALS	

Subject: Mathematics

Month	Week	Topics	Sub Topics	Activities
May	W1	2. FRACTIONS & DECIMALS	2. OPERATOR "OF" 3. RECIPROCAL OF A FRACTION	3. TO REPRESENT THE PRODUCTS OF DECIMAL NUMBERS (EX 0.7×0.3)
May	W2	2. FRACTIONS & DECIMALS	4. DIVISION OF FRACTION & DECIMALS	
May	W3	SUMMER BREAK	SUMMER BREAK	SUMMER BREAK
May	W4	SUMMER BREAK	SUMMER BREAK	SUMMER BREAK
May	W5	SUMMER BREAK	SUMMER BREAK	SUMMER BREAK



Subject: Mathematics

Month	Week	Topics	Sub Topics	Activities
June	W1	SUMMER BREAK	SUMMER BREAK	SUMMER BREAK
June	W2	SUMMER BREAK	SUMMER BREAK	SUMMER BREAK
June	W3		SUMMER BREAK	SUMMER BREAK
June	W4	School reopen after summer break 3. DATA HANDLING	1. COLLECTION OF DATA	
June	W5	3. DATA HANDLING	2. ORGANISATION OF DATA 3. REPRESENTATIVE VALUES (MEAN, MEDIAN, MODE) 4. BAR GRAPH	4. TO COMPARE THE MARKS OBTAINED IN ALL THE SUBJECTS BY A STUDENT IN THE FIRST AND SECOND TERM EXAMINATION, BY A BAR GRAPH, USING PAPER CUTTING AND PASTING.

Subject: Mathematics

Month	Week	Topics	Sub Topics	Activities
July	W1	4. SIMPLE EQUATIONS	1.SOLVING AN EQUATION	
July	W2	4. SIMPLE EQUATIONS	2.MORE EQUATIONS 3.APPLICATION OF SIMPLE EQUATION TO PRACTICAL SITUATIONS	
July	W3	5. LINES & ANGLES	1.COMPLEMENTARY & SUPPLEMENTARY ANGLES 2.ADJACENT ANGLES & LINEAR PAIR	
July	W4	5. LINES & ANGLES	3.ANGLES BY TRANSVERSAL	5. TO VERIFY THAT WHEN TWO LINES INTERSECT, THE VERTICALLY OPPOSITE ANGLES ARE EQUAL.
July	W5	5. LINES & ANGLES	4.CHECKING OF PARALLEL LINES	

Subject: Mathematics

Month	Week	Topics	Sub Topics	Activities
Aug	W1	6. THE TRIANGLES AND ITS PROPERTIES	1. MEDIAN, ALTITUDE OF TRIANGLE	6. TO VERIFY BY PAPER CUTTING AND PASTING THAT SUM OF ANGLES OF A TRIANGLES IS 180° .
Aug	W2	6. THE TRIANGLES AND ITS PROPERTIES	2. ANGLE SUM PROPERTY OF TRIANGLE	
Aug	W3	6. THE TRIANGLES AND ITS PROPERTIES	3. SPECIAL TRIANGLES 4. PYTHAGORAS PROPERTY	
Aug	W4	7. COMPARING QUANTITIES	1. PERCENTAGE 2. CONVERTING DECIMALS TO PERCENTAGE	
Aug	W5	7. COMPARING QUANTITIES	3. USE OF PERCENTAGE 4. CP, SP, PROFIT, LOSS 5. SIMPLE INTEREST	

Subject: Mathematics

Month	Week	Topics	Sub Topics	Activities
Sep	W1	REVISION	REVISION	REVISION
Sep	W2	REVISION	REVISION	REVISION
Sep	W3	REVISION & HALF YEARLY EXAM	REVISION & HALF YEARLY EXAM	REVISION & HALF YEARLY EXAM
Sep	W4	REVISION & HALF YEARLY EXAM	REVISION & HALF YEARLY EXAM	REVISION & HALF YEARLY EXAM
Sep	W5	8 .RATIONAL NUMBERS	1.NEED OF RATIONAL NUMBER	

Subject: Mathematics

Month	Week	Topics	Sub Topics	Activities
Oct	W1	8 .RATIONAL NUMBERS DUSSHERA BREAK	2.RATIONAL NUMBER & ITS TYPE NUMBERS	
Oct	W2	8 .RATIONAL NUMBERS	3.RATIONAL NUMBER BETWEEN TWO RATIONAL	8. TO FIND THE RATIO OF CIRCUMFERENCE OF A CIRCLE TO ITS DIAMETER
Oct	W3	8 .RATIONAL NUMBERS DIWALI BREAK	4. OPERATION ON RATIONAL NUMBER	
Oct	W4	8 .RATIONAL NUMBERS	4. OPERATION ON RATIONAL NUMBER	
Oct	W5	8 .RATIONAL NUMBERS	4. OPERATION ON RATIONAL NUMBER & CET	

Subject: Mathematics

Month	Week	Topics	Sub Topics	Activities
Nov	W1	9.PERIMETER AND AREA	1.AREA OF PARALLELOGRAM 2.AREA OF TRIANGLE	9.TO OBTAIN FORMULA FOR THE AREA OF PARALLELOGRAM
Nov	W2	9.PERIMETER AND AREA	3. CIRCUMFERENCE OF A CIRCLE	
Nov	W3	10.ALGEBRAIC EXPRESSIONS	1. TERMS OF AN EXPRESSION 2.LIKE & UNLIKE TERMS	
Nov	W4	10.ALGEBRAIC EXPRESSIONS	3.TYPES OF POLYNOMIALS	10.GROUND ACTIVITY: TO FIND AREA OF CIRCLE, SQUARE & RECTANGLES
Nov	W5	10.ALGEBRAIC EXPRESSIONS	4.FINDING VALUE PF AN EXPRESSION	

Subject: Mathematics

Month	Week	Topics	Sub Topics	Activities
Dec	W1	11. EXPONENTS & POWERS	1.EXPONENTS 2. LAWS OF EXPONENTS	
Dec	W2	11. EXPONENTS & POWERS	3. OPERATION ON EXPONENTS 4. DECIMAL NUMBER SYSTEM	
Dec	W3	11. EXPONENTS & POWERS	5. EXPRESSING LARGE NUMBERS IN THE STANDARD FORM	
Dec	W4	12. SYMMETRY	1.LINES OF SYMMETRY IN REGULAR POLYGON	11.TO DRAW OBLIQUE AND ISOMETRIC SKETCHES (CUBOID AND CUBOID)
Dec	W5	12. SYMMETRY	2.ROTATIONAL SYMMETRY 3.LINE & ROTATIONAL SYMMETRY	GROUND ACTIVITY: TO FIND AREA OF CIRCLE, SQUARE & RECTANGLES.

Subject: Mathematics

Month	Week	Topics	Sub Topics	Activities
Jan	W1	WINTER BREAK	WINTER BREAK	WINTER BREAK
Jan	W2	WINTER BREAK	WINTER BREAK	WINTER BREAK
Jan	W3	13. VISUALISING SOLID SHAPES	1.FACES, EDGES & VERTICES	12.MAKING DIFFERENT 3-D SHAPES USING PAPER FOLDING
Jan	W4	13. VISUALISING SOLID SHAPES	2.NET FOR 3-D SHAPES 3.OBLIQUE & ISOMETRIC SKETCHES	12.MAKING DIFFERENT 3-D SHAPES USING PAPER FOLDING
Jan	W5	REVISION & ANUUAL EXAMINATION	REVISION & ANUUAL EXAMINATION	

Subject: Mathematics

Month	Week	Topics	Sub Topics	Activities
Feb	W1	REVISION & ANNUAL EXAMINATION	REVISION & ANNUAL EXAMINATION	REVISION & ANNUAL EXAMINATION
Feb	W2	REVISION & ANNUAL EXAMINATION		
Feb	W3	REVISION & ANNUAL EXAMINATION		
Feb	W4	REVISION & ANNUAL EXAMINATION		
Feb	W5	REVISION & ANNUAL EXAMINATION		

Subject: Mathematics

Month	Week	Topics	Sub Topics	Activities
Mar	W1	ANNUAL EXAMINATION		
Mar	W2	ANNUAL EXAMINATION		
Mar	W3			
Mar	W4			
Mar	W5			

Examination Wise Syllabus Breakup 2025-26

Examination	Chapter No./Chapter Name
PT-1	CHAPTER – 1,2,3
Term-1/Half Yearly Exam	CHAPTER -1,2,3,4,5,6,7
PT-2	CHAPTER –8, 9, 10
Term-2/Annual Exam	CHAPTER – <u>4, 6</u> , 8,9,10,11,12,13



**Chinmaya Vidyalaya
NTPC Unchahar**

ANNUAL SYLLABUS

BREAK UP

SESSION: 2025-2026

CLASS: 6 to 8

Subject : GAMES

Subject: SPORTS & GAMES

Month	Week	Topics	Sub Topics	Activities
April	W1	Callisthenic Exercise	Push-ups, Squats, Planks, Lunges	Warm-up Push-ups Squats Planks Lunges Cool down
		Kho-Kho	Running, Tagging, Team Coordination	Warm-up -Kho-Kho basic training Running drills Tagging practice
		Judo	Basic Throws, Holds, Falling Techniques	Warm-up Learning basic throws Falling techniques Basic holds
April	W2	Callisthenic Exercise	Push-ups, Squats, Planks, Lunges	Warm-up Push-ups Squats Planks Lunges Cool down
		Kho-Kho	Running, Tagging, Team Coordination	Warm-up -Kho-Kho basic training Running drills Tagging practice
		Judo	Basic Throws, Holds, Falling Techniques	Warm-up Learning basic throws Falling techniques Basic holds
April	W3	Callisthenic Exercise	Push-ups, Squats, Planks, Lunges	Warm-up Push-ups Squats Planks Lunges Cool down
		Kho-Kho	Running, Tagging, Team Coordination	Warm-up -Kho-Kho basic training

		Judo	Basic Throws, Holds, Falling Techniques	Running drills Tagging practice Warm-up Learning basic throws Falling techniques Basic holds
April	W4	Callisthenic Exercise	Push-ups, Squats, Planks, Lunges	Warm-up Push-ups Squats Planks Lunges Cool down
		Kho-Kho	Running, Tagging, Team Coordination	Warm-up -Kho-Kho basic training Running drills Tagging practice
		Judo	Basic Throws, Holds, Falling Techniques	Warm-up Learning basic throws Falling techniques Basic holds
April	W5	Callisthenic Exercise	Push-ups, Squats, Planks, Lunges	Warm-up Push-ups Squats Planks Lunges Cool down
		Kho-Kho	Running, Tagging, Team Coordination	Warm-up -Kho-Kho basic training Running drills Tagging practice
		Judo	Basic Throws, Holds, Falling Techniques	Warm-up Learning basic throws Falling techniques Basic holds

Subject: SPORTS & GAMES

Month	Week	Topics	Sub Topics	Activities
May	W1	Yoga	Strength and Flexibility	Warm-up Yoga flow sequence
		Kho-Kho	Running, Tagging, Team Coordination	Warm-up -Kho-Kho basic training Running drills Tagging practice
		Judo	Basic Throws, Holds, Falling Techniques	Warm-up Learning basic throws Falling techniques Basic holds
May	W2	Yoga	Strength and Flexibility	Warm-up Yoga flow sequence
		Kho-Kho	Running, Tagging, Team Coordination	Warm-up -Kho-Kho basic training Running drills Tagging practice
		Judo	Basic Throws, Holds, Falling Techniques	Warm-up Learning basic throws Falling techniques Basic holds
June	W3	Callisthenic Exercise	Push-ups, Squats, Planks, Lunges	Warm-up Push-ups Squats Planks Lunges Cool down
		Football	Ball Control, Team Tactics, Mini-Matches	Warm-up Ball control drills Team play Mini-matches
		Judo	Basic Throws, Holds, Falling Techniques	Running drills Tagging practice Warm-up Learning basic throws Falling techniques Basic holds

June	W4			Warm-up Push-ups Squats Planks Lunges Cool down Warm-up Ball control drills Team play Mini-matches Running drills Tagging practice Warm-up Learning basic throws Falling techniques Basic holds
		Callisthenic Exercise	Push-ups, Squats, Planks, Lunges	
		Football	Ball Control, Team Tactics, Mini-Matches	
		Judo	Basic Throws, Holds, Falling Techniques	

Subject: SPORTS & GAMES

Month	Week	Topics	Sub Topics	Activities
July	W1	Callisthenic Exercise Football Judo	Push-ups, Squats, Planks, Lunges Ball Control, Team Tactics, Mini-Matches Basic Throws, Holds, Falling Techniques	Warm-up Push-ups Squats Planks Lunges Cool down Warm-up Ball control drills Team play Mini-matches Running drills Tagging practice Warm-up Learning basic throws Falling techniques Basic holds
July	W2	Callisthenic Exercise Football Judo	Push-ups, Squats, Planks, Lunges Ball Control, Team Tactics, Mini-Matches Basic Throws, Holds, Falling Techniques	Warm-up Push-ups Squats Planks Lunges Cool down Warm-up Ball control drills Team play Mini-matches Running drills Tagging practice Warm-up Learning basic throws Falling techniques Basic holds
July	W3	Callisthenic Exercise Football Judo	Push-ups, Squats, Planks, Lunges Ball Control, Team Tactics, Mini-Matches	Warm-up Push-ups Squats Planks Lunges Cool down Warm-up Ball control drills Team play

			Basic Throws, Holds, Falling Techniques	Mini-matches Running drills Tagging practice Warm-up Learning basic throws Falling techniques Basic holds
August	W1	Free Hand Exercise Football Judo	Stretching, Flexibility, Mobility Ball Control, Team Tactics, Mini-Matches Basic Throws, Holds, Falling Techniques	Warm-up Dynamic stretching - Flexibility drills Cool down Warm-up Ball control drills Team play Mini-matches Running drills Tagging practice Warm-up Learning basic throws Falling techniques Basic holds
August	W2	Free Hand Exercise Football Judo	Stretching, Flexibility, Mobility Ball Control, Team Tactics, Mini-Matches Basic Throws, Holds, Falling Techniques	Warm-up Dynamic stretching - Flexibility drills Cool down Warm-up Ball control drills Team play Mini-matches Running drills Tagging practice Warm-up Learning basic throws Falling techniques Basic holds

Subject: SPORTS & GAMES

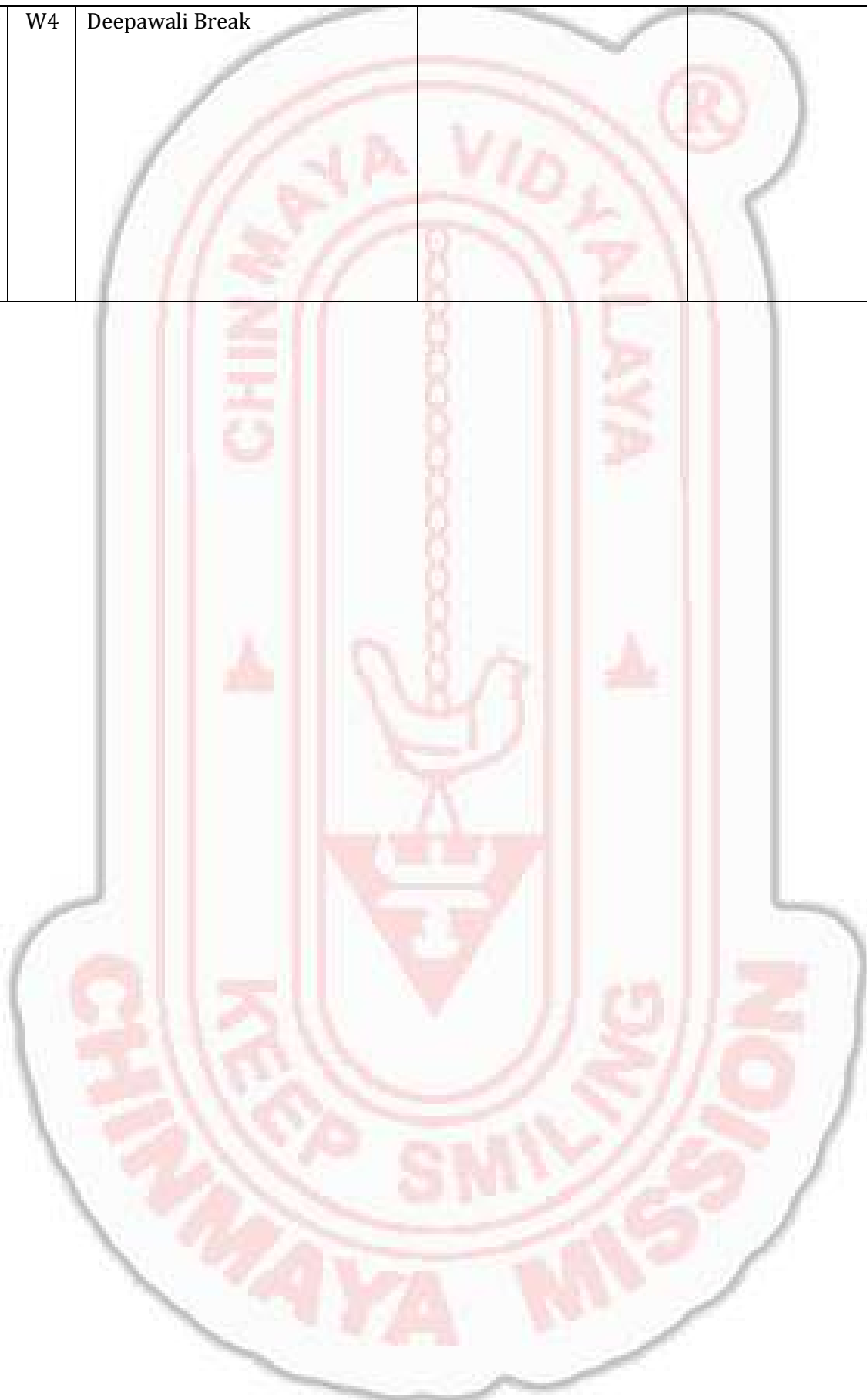
Month	Week	Topics	Sub Topics	Activities
August	W3	Free Hand Exercise Football Judo	Stretching, Flexibility, Mobility Ball Control, Team Tactics, Mini-Matches Basic Throws, Holds, Falling Techniques	Warm-up Dynamic stretching - Flexibility drills Cool down Warm-up Ball control drills Team play Mini-matches Running drills Tagging practice Warm-up Learning basic throws Falling techniques Basic holds
August	W4	Free Hand Exercise Football Judo	Stretching, Flexibility, Mobility Ball Control, Team Tactics, Mini-Matches Basic Throws, Holds, Falling Techniques	Warm-up Dynamic stretching - Flexibility drills Cool down Warm-up Ball control drills Team play Mini-matches Running drills Tagging practice Warm-up Learning basic throws Falling techniques Basic holds
September	W1	Free Hand Exercise Football Judo	Stretching, Flexibility, Mobility Ball Control, Team Tactics, Mini-Matches Basic Throws, Holds, Falling Techniques	Warm-up Dynamic stretching - Flexibility drills Cool down Warm-up Ball control drills Team play Mini-matches

				Running drills Tagging practice Warm-up Learning basic throws Falling techniques Basic holds
September	W2	Half Yearly Examination Starts		
September	W3	Half Yearly Examination		
September	W4	Half Yearly Examination Ends		

Subject: SPORTS & GAMES

Month	Week	Topics	Sub Topics	Activities
October	W1	Dussehra Break		
October	W2	Free Hand Exercise Football Judo	Stretching, Flexibility, Mobility Ball Control, Team Tactics, Mini-Matches Basic Throws, Holds, Falling Techniques	Warm-up Dynamic stretching - Flexibility drills Cool down Warm-up Ball control drills Team play Mini-matches Running drills Tagging practice Warm-up Learning basic throws Falling techniques Basic holds
October	W3	Free Hand Exercise Football Judo	Stretching, Flexibility, Mobility Ball Control, Team Tactics, Mini-Matches Basic Throws, Holds, Falling Techniques	Warm-up Dynamic stretching - Flexibility drills Cool down Warm-up Ball control drills Team play Mini-matches Running drills Tagging practice Warm-up Learning basic throws Falling techniques Basic holds

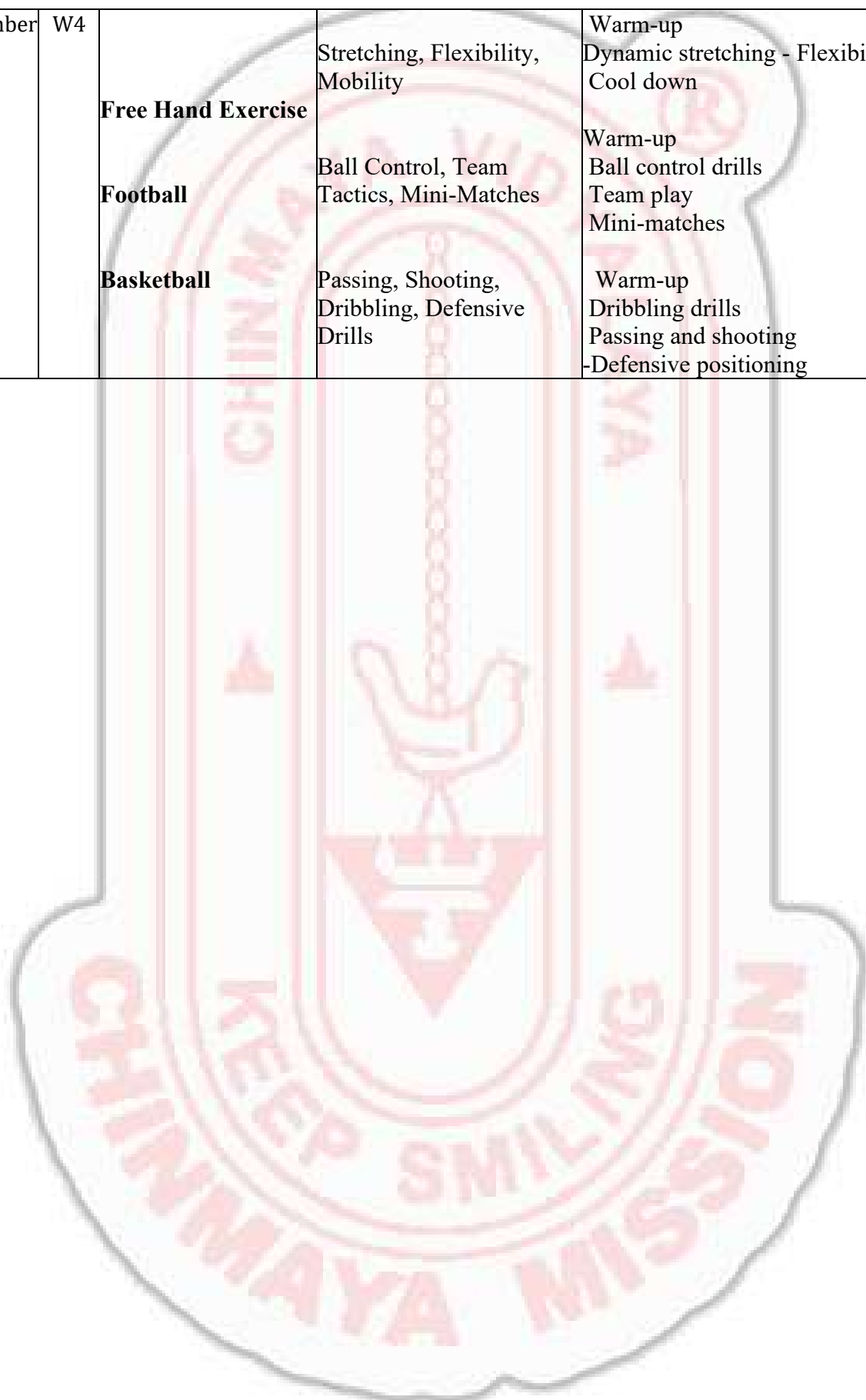
October	W4	Deepawali Break	
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Subject: SPORTS & GAMES

Month	Week	Topics	Sub Topics	Activities
Nonmember	W1	Free Hand Exercise Football Basketball	Stretching, Flexibility, Mobility Ball Control, Team Tactics, Mini-Matches Passing, Shooting, Dribbling, Defensive Drills	Warm-up Dynamic stretching - Flexibility drills Cool down Warm-up Ball control drills Team play Mini-matches Warm-up Dribbling drills Passing and shooting -Defensive positioning
Nonmember	W2	Free Hand Exercise Football Basketball	Stretching, Flexibility, Mobility Ball Control, Team Tactics, Mini-Matches Passing, Shooting, Dribbling, Defensive Drills	Warm-up Dynamic stretching - Flexibility drills Cool down Warm-up Ball control drills Team play Mini-matches Warm-up Dribbling drills Passing and shooting -Defensive positioning
Nonmember	W3	SOPRTS DAY		

Nonmember	W4	Free Hand Exercise	Stretching, Flexibility, Mobility	Warm-up Dynamic stretching - Flexibility drills Cool down
		Football	Ball Control, Team Tactics, Mini-Matches	Warm-up Ball control drills Team play Mini-matches
		Basketball	Passing, Shooting, Dribbling, Defensive Drills	Warm-up Dribbling drills Passing and shooting -Defensive positioning



Subject: SPORTS & GAMES

Month	Week	Topics	Sub Topics	Activities
December	W1	Recreation game PT2 EXAMINATION STARTS		
December	W2	PT2 EXAMINATION ENDS		
December	W3	Free Hand Exercise Football Basketball	Stretching, Flexibility, Mobility Ball Control, Team Tactics, Mini-Matches Passing, Shooting, Dribbling, Defensive Drills	Warm-up Dynamic stretching - Flexibility drills Cool down Warm-up Ball control drills Team play Mini-matches Warm-up Dribbling drills Passing and shooting -Defensive positioning
December	W4	Free Hand Exercise Football Basketball	Stretching, Flexibility, Mobility Ball Control, Team Tactics, Mini-Matches Passing, Shooting, Dribbling, Defensive Drills	Warm-up Dynamic stretching - Flexibility drills Cool down Warm-up Ball control drills Team play Mini-matches Warm-up Dribbling drills Passing and shooting -Defensive positioning

Subject: SPORTS & GAMES

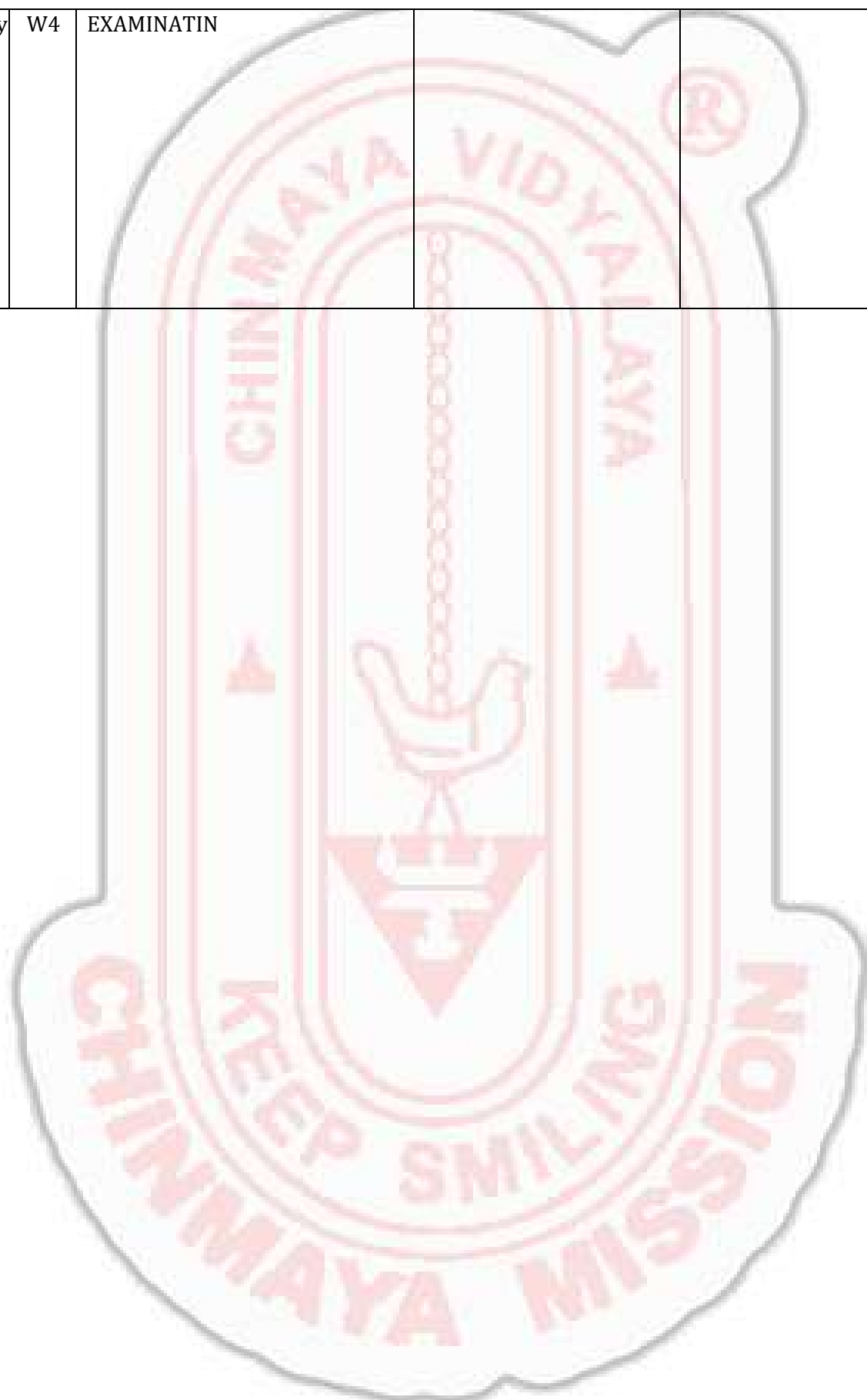
Month	Week	Topics	Sub Topics	Activities
January	W1	Winter Break		
January	W2	Free Hand Exercise Football Basketball	Stretching, Flexibility, Mobility Ball Control, Team Tactics, Mini-Matches Passing, Shooting, Dribbling, Defensive Drills	Warm-up Dynamic stretching - Flexibility drills Cool down Warm-up Ball control drills Team play Mini-matches Warm-up Dribbling drills Passing and shooting -Defensive positioning
January	W3	Free Hand Exercise Football Athletics	Stretching, Flexibility, Mobility Ball Control, Team Tactics, Mini-Matches Middle Distance Running, Sprints,&Throws	Warm-up Dynamic stretching - Flexibility drills Cool down Warm-up Ball control drills Team play Mini-matches Warm-up Sprint drills -Middle distance Relay races Drill

January	W4			<p>Warm-up Dynamic stretching - Flexibility drills Cool down</p> <p>Warm-up Ball control drills Team play Mini-matches</p> <p>Warm-up Sprint drills -Middle distance Relay races Drill</p>
		Free Hand Exercise	Stretching, Flexibility, Mobility	
		Football	Ball Control, Team Tactics, Mini-Matches	
		Athletics	Middle Distance Running, Sprints,&Throws	

Subject: SPORTS & GAMES

Month	Week	Topics	Sub Topics	Activities
February	W1	Free Hand Exercise Football Athletics	Stretching, Flexibility, Mobility Ball Control, Team Tactics, Mini-Matches Middle Distance Running, Sprints,&Throws	Warm-up Dynamic stretching - Flexibility drills Cool down Warm-up Ball control drills Team play Mini-matches Warm-up Sprint drills -Middle distance Relay races Drill
February	W2	EXAMINATIN		
February	W3	EXAMINATIN		

February	W4	EXAMINATIN		
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Subject: SPORTS & GAMES

Month	Week	Topics	Sub Topics	Activities
March	W1	Practical & Annual Examination Starts		
	W2	Practical & Annual Examination		
	W3	Practical & Annual Examination Ends		
	W4			

Examination Wise Syllabus Breakup 2025-26

Examination	Chapter No./Chapter Name
Term-1/Half Yearly Exam	<ol style="list-style-type: none">1. HIGHT & WEIGHT2. PHYSICAL FITNESS TEST3. SKILL TEST
Term-2/Annual Exam	<ol style="list-style-type: none">1. HIGHT & WEIGHT2. PHYSICAL FITNESS TEST3. SKILL TEST



Chinmaya Vidyalaya
NTPC Unchahar

**ANNUAL SYLLABUS
BREAK UP**

SESSION: 2025-2026

CLASS: 7

Subject : Hindi

Subject: Hindi

Month	Week	Topics	Sub Topics	Activities
April	W1	सुलेख उच्चारण मात्राएँ		सुलेख शब्द निर्माण श्रुतलेख
April	W2	पाठ - हम पछा उन्मुक्त गगन व्याकरण- शब्दविचार	व्याख्या विलोम पर्यायवाची	रचनात्मक लेखन
April	W3	पाठ - हिमालय की बेटियाँ व्याकरण- शब्दविचार,	व्याख्या वाक्यांशों के लिए एक शब्द	परिभाषा , भेद
April	W4	पाठ - मिठाईवाला व्याकरण- चित्र वर्णन	व्याख्या अभ्यास कार्य	Lkkewfgd ppkZ

Subject: Hindi

Month	Week	Topics	Sub Topics	Activities
May	W1	बाल महाभारत वसंत-कठपुतली	श्रुतलेख प्रश्नोत्तरी	प्रश्नोत्तरी
May	W2	व्याकरण- रचनात्मक लेखन-पत्र	पत्र-औपचारिक	पत्र लेखन
May	W3	बाल महाभारत		वाद - विवाद
May	W4	ग्रीष्मकालीन अवकाश		

Subject: Hindi

Month	Week	Topics	Sub Topics	Activities
June	W1	ग्रीष्मकालीन अवकाश		
	W2	ग्रीष्मकालीन अवकाश		
	W3	ग्रीष्मकालीन अवकाश		
	W4	वसंत-पापा खो गए चित्र वर्णन	अभ्यास कार्य श्रुतलेख प्रश्नोत्तरी	श्रुतलेख चित्र वर्णन

Subject: July

Month	Week	Topics	Sub Topics	Activities
July	W1	वसंत-शाम एक किसान, अनुच्छेद लेखन	अभ्यास कार्य अभ्यास कार्य श्रुतलेख प्रश्नोत्तरी	कविता लेखन
	W2	पाठ -अपूर्व अनुभव बाल महाभारत	अभ्यास कार्य अभ्यास कार्य श्रुतलेख प्रश्नोत्तरी	रचनात्मक लेखन
	W3	व्याकरण - क्रिया,लिंग,वचन पत्र लेखन	क्रिया-कर्म और रचना के आधार पर	दादा / दादी/नाना/नानी को अंतर्देशीय पत्र
	W4	व्याकरण - अपठित बोध बाल महाभारत	अभ्यास कार्य अभ्यास कार्य श्रुतलेख प्रश्नोत्तरी	रचनात्मक लेखन

Subject: Hindi

Month	Week	Topics	Sub Topics	Activities
August	W1	वसंत -पाठ-एक तिनका	व्याख्या अभ्यास कार्य	कविता लेखन
	W2	बाल महाभारत	अभ्यास कार्य	संवाद लेखन
	W3	व्याकरण- अव्यय	क्रियाविशेषण,संबंधबोधक ,समुच्चयबोधक, विस्मयादिबोधक	
	W4	व्याकरण- पत्र, अनुच्छेद	अभ्यास कार्य	रचनात्मक लेखन

Subject: Hindi

Month	Week	Topics	Sub Topics	Activities
September	W1	पुनरावृत्ति		
	W2	Half yearly exam		
	W3	Half yearly exam		
	W4	पाठ रहीम के दोहे	व्याख्या अभ्यास कार्य	दोहे गायन

Subject: Hindi

Month	Week	Topics	Sub Topics	Activities
October	W1	वसंत- पाठ-खानपान की बदलती तस्वीर	व्याख्या अभ्यास कार्य	वाद-विवाद -(तुरंत भोजन और पारंपरिक भोजन)
	W2	बाल महाभारत		समाचार लेखन एवं वाचन
	W3	व्याकरण -उपसर्ग ,प्रत्यय	परिभाषा , भेद अभ्यास कार्य	शब्द निर्माण
	W4	बाल महाभारत		

Subject: Hindi

Month	Week	Topics	Sub Topics	Activities
November	W1	वसंत- पाठ- नीलकंठ,	व्याख्या अभ्यास कार्य	रचनात्मक लेखन
	W2	पाठ - भार आर बरखा	व्याख्या अभ्यास कार्य	कविता लेखन
	W3	बाल महाभारत	व्याख्या अभ्यास कार्य	परिचर्चा
	W4	पाठ - वीरकुँवर सिंह	व्याख्या अभ्यास कार्य	सामूहिक चर्चा
	W5	व्याकरण -समास	परिभाषा व भेद	

Subject: Hindi

Month	Week	Topics	Sub Topics	Activities
December	W1	वसंत-पाठ- संघर्ष के कारण....	व्याख्या अभ्यास कार्य	साक्षात्कार
	W2	वसंत-पाठ- आश्रम का अनुमानित व्यय		बजट निर्माण
	W3	बाल महाभारत		रचनात्मक लेखन (महाभारत के पसंदीदा पात्र का जीवन परिचय)
	W4	व्याकरण- मुहावरे, पत्र	व्याख्या अभ्यास कार्य	

Subject: Hindi

Month	Week	Topics	Sub Topics	Activities
January	W1	शीतकालीन अवकाश		
	W2	अनुच्छेद लेखन		रचनात्मक लेखन
	W3	पत्र लेखन		मित्र को पत्र
	W4	चित्र वर्णन पुनरावृत्ति		

Subject: Hindi

Month	Week	Topics	Sub Topics	Activities
February	W1	पुनरावृत्ति		
	W2	पुनरावृत्ति		
	W3	पुनरावृत्ति		
	W4	Annual Exam		
	W5	Annual Exam		

Subject: Hindi

Month	Week	Topics	Sub Topics	Activities
March	W1	Annual Exam		
	W2	Annual Exam		
	W3	Annual Exam		
	W4	Annual Exam		

Examination Wise Syllabus Breakup 2025-26

Examination	Chapter No./Chapter Name
PT-1	<p><u>वसंत</u> -पाठ. हम पंछी ,हिमालय की बेटियाँ ,मिठाईवाला</p> <p><u>व्याकरण</u>- शब्दविचार, शब्दभंडार, पर्यायवाची, विलोम, वाक्यांशों के लिए एक शब्द</p> <p><u>महाभारत</u>-प्रारंभ से अंबा और भीष्म तक</p>
Term-1/Half Yearly Exam	<p><u>वसंत</u>- पाठ- हम पंछी ,हिमालय की बेटियाँ ,मिठाईवाला, कठपुतली,पापा खो गए, शाम एक किसान, अपूर्व अनुभव ,एक तिनका</p> <p><u>व्याकरण</u>-- शब्दविचार, , शब्दभंडार, पर्यायवाची, विलोम, वाक्यांशों के लिए एक शब्द, संज्ञा के विकार, क्रिया , अव्यय ,पत्र, चित्र वर्णन, अनुच्छेद, अपठितगद्यांश</p> <p><u>महाभारत</u>-प्रारंभ से धृतराष्ट्र की चिंता तक</p>
PT-2	<p><u>वसंत</u>- पाठ. रहीम के दोहे ,खानपान की बदलती तस्वीर ,नीलकंठ</p> <p><u>व्याकरण</u>-उपसर्ग ,प्रत्यय, समास पर्यायवाची, विलोम</p> <p><u>महाभारत</u>-भीम और हनुमान से यक्ष प्रश्न तक</p>
Term-2/Annual Exam	<p><u>वसंत</u> -पाठ. रहीम के दोहे ,खानपान की बदलती तस्वीर ,नीलकंठ, भोर और बरखा, वीर कुँवर सिंह, संघर्ष के कारण मैं--, आश्रम का अनुमानित व्यय</p> <p><u>व्याकरण</u>-- शब्दविचार, ,शब्दभंडार, पर्यायवाची, विलोम, वाक्यांशों के लिए एक शब्द, संज्ञा के विकार, क्रिया, अव्यय, उपसर्ग, प्रत्यय, समास ,मुहावरे ,पत्र, चित्र वर्णन, अनुच्छेद, अपठित गद्यांश</p> <p><u>महाभारत</u>-भीम और हनुमान से अंत तक</p>



Chinmaya Vidyalaya
NTPC Unchahar

**ANNUAL SYLLABUS
BREAK UP**

SESSION: 2025-2026

CLASS: 7

Subject : Hindi

Subject: Hindi

Month	Week	Topics	Sub Topics	Activities
April	W1	सुलेख उच्चारण मात्राएँ		सुलेख शब्द निर्माण श्रुतलेख
April	W2	पाठ - हम पछा उन्मुक्त गगन व्याकरण- शब्दविचार	व्याख्या विलोम पर्यायवाची	रचनात्मक लेखन
April	W3	पाठ - हिमालय की बेटियाँ व्याकरण- शब्दविचार,	व्याख्या वाक्यांशों के लिए एक शब्द	परिभाषा , भेद
April	W4	पाठ - मिठाईवाला व्याकरण- चित्र वर्णन	व्याख्या अभ्यास कार्य	Lkkewfgd ppkZ

Subject: Hindi

Month	Week	Topics	Sub Topics	Activities
May	W1	बाल महाभारत वसंत-कठपुतली	श्रुतलेख प्रश्नोत्तरी	प्रश्नोत्तरी
May	W2	व्याकरण- रचनात्मक लेखन-पत्र	पत्र-औपचारिक	पत्र लेखन
May	W3	बाल महाभारत		वाद - विवाद
May	W4	ग्रीष्मकालीन अवकाश		

Subject: Hindi

Month	Week	Topics	Sub Topics	Activities
June	W1	ग्रीष्मकालीन अवकाश		
	W2	ग्रीष्मकालीन अवकाश		
	W3	ग्रीष्मकालीन अवकाश		
	W4	वसंत-पापा खो गए चित्र वर्णन	अभ्यास कार्य श्रुतलेख प्रश्नोत्तरी	श्रुतलेख चित्र वर्णन

Subject: July

Month	Week	Topics	Sub Topics	Activities
July	W1	वसंत-शाम एक किसान, अनुच्छेद लेखन	अभ्यास कार्य अभ्यास कार्य श्रुतलेख प्रश्नोत्तरी	कविता लेखन
	W2	पाठ -अपूर्व अनुभव बाल महाभारत	अभ्यास कार्य अभ्यास कार्य श्रुतलेख प्रश्नोत्तरी	रचनात्मक लेखन
	W3	व्याकरण - क्रिया,लिंग,वचन पत्र लेखन	क्रिया-कर्म और रचना के आधार पर	दादा / दादी/नाना/नानी को अंतर्देशीय पत्र
	W4	व्याकरण - अपठित बोध बाल महाभारत	अभ्यास कार्य अभ्यास कार्य श्रुतलेख प्रश्नोत्तरी	रचनात्मक लेखन

Subject: Hindi

Month	Week	Topics	Sub Topics	Activities
August	W1	वसंत -पाठ-एक तिनका	व्याख्या अभ्यास कार्य	कविता लेखन
	W2	बाल महाभारत	अभ्यास कार्य	संवाद लेखन
	W3	व्याकरण- अव्यय	क्रियाविशेषण,संबंधबोधक ,समुच्चयबोधक, विस्मयादिबोधक	
	W4	व्याकरण- पत्र, अनुच्छेद	अभ्यास कार्य	रचनात्मक लेखन

Subject: Hindi

Month	Week	Topics	Sub Topics	Activities
September	W1	पुनरावृत्ति		
	W2	Half yearly exam		
	W3	Half yearly exam		
	W4	पाठ रहीम के दोहे	व्याख्या अभ्यास कार्य	दोहे गायन

Subject: Hindi

Month	Week	Topics	Sub Topics	Activities
October	W1	वसंत- पाठ-खानपान की बदलती तस्वीर	व्याख्या अभ्यास कार्य	वाद-विवाद -(तुरंत भोजन और पारंपरिक भोजन)
	W2	बाल महाभारत		समाचार लेखन एवं वाचन
	W3	व्याकरण -उपसर्ग ,प्रत्यय	परिभाषा , भेद अभ्यास कार्य	शब्द निर्माण
	W4	बाल महाभारत		

Subject: Hindi

Month	Week	Topics	Sub Topics	Activities
November	W1	वसंत- पाठ- नीलकंठ,	व्याख्या अभ्यास कार्य	रचनात्मक लेखन
	W2	पाठ - भार आर बरखा	व्याख्या अभ्यास कार्य	कविता लेखन
	W3	बाल महाभारत	व्याख्या अभ्यास कार्य	परिचर्चा
	W4	पाठ - वीरकुँवर सिंह	व्याख्या अभ्यास कार्य	सामूहिक चर्चा
	W5	व्याकरण -समास	परिभाषा व भेद	

Subject: Hindi

Month	Week	Topics	Sub Topics	Activities
December	W1	वसंत-पाठ- संघर्ष के कारण....	व्याख्या अभ्यास कार्य	साक्षात्कार
	W2	वसंत-पाठ- आश्रम का अनुमानित व्यय		बजट निर्माण
	W3	बाल महाभारत		रचनात्मक लेखन (महाभारत के पसंदीदा पात्र का जीवन परिचय)
	W4	व्याकरण- मुहावरे, पत्र	व्याख्या अभ्यास कार्य	

Subject: Hindi

Month	Week	Topics	Sub Topics	Activities
January	W1	शीतकालीन अवकाश		
	W2	अनुच्छेद लेखन		रचनात्मक लेखन
	W3	पत्र लेखन		मित्र को पत्र
	W4	चित्र वर्णन पुनरावृत्ति		

Subject: Hindi

Month	Week	Topics	Sub Topics	Activities
February	W1	पुनरावृत्ति		
	W2	पुनरावृत्ति		
	W3	पुनरावृत्ति		
	W4	Annual Exam		
	W5	Annual Exam		

Subject: Hindi

Month	Week	Topics	Sub Topics	Activities
March	W1	Annual Exam		
	W2	Annual Exam		
	W3	Annual Exam		
	W4	Annual Exam		

Examination Wise Syllabus Breakup 2025-26

Examination	Chapter No./Chapter Name
PT-1	<p><u>वसंत</u> -पाठ. हम पंछी ,हिमालय की बेटियाँ ,मिठाईवाला</p> <p><u>व्याकरण</u>- शब्दविचार, शब्दभंडार, पर्यायवाची, विलोम, वाक्यांशों के लिए एक शब्द</p> <p><u>महाभारत</u>-प्रारंभ से अंबा और भीष्म तक</p>
Term-1/Half Yearly Exam	<p><u>वसंत</u>- पाठ- हम पंछी ,हिमालय की बेटियाँ ,मिठाईवाला, कठपुतली,पापा खो गए, शाम एक किसान, अपूर्व अनुभव ,एक तिनका</p> <p><u>व्याकरण</u>-- शब्दविचार, , शब्दभंडार, पर्यायवाची, विलोम, वाक्यांशों के लिए एक शब्द, संज्ञा के विकार, क्रिया , अव्यय ,पत्र, चित्र वर्णन, अनुच्छेद, अपठितगद्यांश</p> <p><u>महाभारत</u>-प्रारंभ से धृतराष्ट्र की चिंता तक</p>
PT-2	<p><u>वसंत</u>- पाठ. रहीम के दोहे ,खानपान की बदलती तस्वीर ,नीलकंठ</p> <p><u>व्याकरण</u>-उपसर्ग ,प्रत्यय, समास पर्यायवाची, विलोम</p> <p><u>महाभारत</u>-भीम और हनुमान से यक्ष प्रश्न तक</p>
Term-2/Annual Exam	<p><u>वसंत</u> -पाठ. रहीम के दोहे ,खानपान की बदलती तस्वीर ,नीलकंठ, भोर और बरखा, वीर कुँवर सिंह, संघर्ष के कारण मैं--, आश्रम का अनुमानित व्यय</p> <p><u>व्याकरण</u>-- शब्दविचार, ,शब्दभंडार, पर्यायवाची, विलोम, वाक्यांशों के लिए एक शब्द, संज्ञा के विकार, क्रिया, अव्यय, उपसर्ग, प्रत्यय, समास ,मुहावरे ,पत्र, चित्र वर्णन, अनुच्छेद, अपठित गद्यांश</p> <p><u>महाभारत</u>-भीम और हनुमान से अंत तक</p>



Chinmaya Vidyalaya
NTPC Unchahar

ANNUAL
SYLLABUS BREAK
UP

SESSION:2025-2026

CLASS:VII

Subject :Social Science

Subject: Social Science

Month	Week	Topics	Sub Topics	Activities
April	W1	CHAP. 1 Tracing Changes Through a Thousand Years	New and Old Terminologies: Historians and their Sources Regions and Empires	DEBATE QUIZ, WORLDSPARROW DAY EARTH DAY MAPWORK TEST
April	W2	CHAP. 1 Tracing Changes Through a Thousand Years	Historical Periods Old and New Religions	DEBATE, QUIZ,
April	W3	CHAP. 1 Environment	Environment What is Ecosystem? Human Environment	DEBATE QUIZ,
April	W4	CHAP.1 On Equality	Equal Right to Vote Equality in Indian Democracy Equality in other Democracies	DEBATE QUIZ,
April	W5	CHAP.1 On Equality	Universal Adult Franchise	DEBATE QUIZ,

Subject: Social Science

Month	Week	Topics	Sub Topics	Activities
May	W1	Chap.2 New Kings and Kingdoms	The Emergence of New Dynasties Administration in the Kingdoms Warfare for Wealth The Cholas	QUIZ, Map
May	W2	Chap. 2 Inside Our Earth	Interior of the Earth Rocks and Minerals three types of rocks	GROUPDISCUSSION QUIZ, TEST MAPWORK
May	W3	SUMMER BREAK (PROJECT)-MAKEMAP FILE FROM SYLLABUS	SUMMER BREAK Submit in june after school reopen	SUMMER BREAK
May	W4	SUMMER BREAK	SUMMER BREAK	SUMMER BREAK
May	W5	SUMMER BREAK	SUMMER BREAK	SUMMER BREAK

Subject: Social Science

Month	Week	Topics	Sub Topics	Activities
June	W1	SUMMER BREAK		
June	W2	SUMMER BREAK		
June	W3	School re-opens after Summer break		
June	W4	Chap. 2 Role of the Government in Health	What is Health? Private and Public Healthcare Healthcare and Equality	
June	W5	Chap. 2 Role of the Government in Health	Health is a vital aspect Healthcare facilities	GROUPDISCUSSION QUIZ, TEST MAPWORK.

Subject: Social Science

Month	Week	Topics	Sub Topics	Activities
July	W1	CH3. the State Government Works	Member of Legislature Assembly Working of the Government Constituency Majority	GROUPDISCUSSION QUIZ, TEST MAPWORK
July	W2	CH3. Our Changing Earth	Endogenic force Exogenic force Major Landforms Work of a River	GROUPDISCUSSION QUIZ, TEST MAPWORK
July	W3	CH3. Our Changing Earth	Work of Sea Waves Work of Winds	GROUPDISCUSSION QUIZ, TEST MAPWORK
July	W4	CH3. The Delhi Sultans	Rulers of Delhi Slave Dynasty Khilji Dynasty Tughlaq Dynasty Sayyid Dynasty Lodi Dynasty	GROUPDISCUSSION QUIZ, TEST MAPWORK
July	W5	CH3. The Delhi Sultans	From Garrison Town to Empire Administration and Consolidation The Sultanate in the Fifteenth and Sixteenth Centuries	GROUPDISCUSSION QUIZ, TEST MAPWORK

Subject: Social Science

Month	Week	Topics	Sub Topics	Activities
Aug	W1	CH4. The Mughal Empire	Who were the Mughals? Mughal Military Campaigns Akbar's Policies The Mughals Empire in the 17th Century and After	GROUPDISCUSSION QUIZ, TEST MAPWORK
Aug	W2	CH5. Tribes, Nomads and Settled Communities	Tribal Societies Pastoral Nomads Changes in Caste Structure of India The Gonds Ahoms	GROUPDISCUSSION QUIZ, TEST MAPWORK.
Aug	W3	CH4. Air	Composition of the Atmosphere Structure of the Atmosphere Weather and Climate Air Pressure	GROUPDISCUSSION QUIZ, TEST MAPWORK
Aug	W4	CH4 Growing up as Boys and Girls	Samoa Islands Women's Work and Equality Valuing Housework	GROUPDISCUSSION QUIZ, TEST MAPWORK
Aug	W5	CH4 Growing up as Boys and Girls	Equality Valuing Housework	GROUPDISCUSSION QUIZ, TEST MAPWORK

Subject: Social Science

Month	Week	Topics	Sub Topics	Activities
Sep	W1	REVISION	REVISION	REVISION
Sep	W2	HALF YEARLY EXAM	HALF YEARLY EXAM	HALF YEARLY EXAM
Sep	W3	HALF YEARLY EXAM	HALF YEARLY EXAM	HALF YEARLY EXAM
Sep	W4	HALF YEARLY EXAM	HALF YEARLY EXAM	HALF YEARLY EXAM
Sep	W5	MAP WORK ALL CHAPTERS	Map Practice	GROUPDISCUSSION QUIZ, TEST MAPWORK

Subject: Social Science

Month	Week	Topics	Sub Topics	Activities
Oct	W1	CH.6- Devotional Paths to the Divine	The Idea of a Supreme God A New Kind of Bhakti in South India – Nayanars and Alvars	GROUPDISCUSSION QUIZ, TEST MAPWORK.
Oct	W2	CH.6- Devotional Paths to the Divine	Philosophy and Bhakti , Basavanna's Virashaivism The Saints of Maharashtra	GROUPDISCUSSION QUIZ, TEST MAPWORK
Oct	W3	CH.6- Devotional Paths to the Divine	Islam and Sufism New Religious Developments in North India	GROUPDISCUSSION QUIZ, TEST MAPWORK
Oct	W4	CH5. Water	Distribution of Water on Earth Waves, Tides Ocean Currents	GROUPDISCUSSION QUIZ, TEST MAPWORK
Oct	W5	CH6. Human Environment Interactions – The Tropical and the Subtropical	Life in the Amazon Basin, Climate, Rainforest, People of the Rainforests, Life in the Ganga-Brahmaputra Basin, Life in the Ganga-Brahmaputra Basin	GROUPDISCUSSION QUIZ, TEST MAPWORK

Subject: Social Science

Month	Week	Topics	Sub Topics	Activities
Nov	W1	CH7 Life in the Deserts	The Hot Desert – Sahara, The Cold Desert – Ladakh	GROUPDISCUSSION QUIZ, TEST MAPWORK
Nov	W2	CH7. The Making of Regional Cultures	Rulers and Religious Traditions: The Jagannatha Cult Beyond Regional Frontiers: The Story of Kathak	GROUPDISCUSSION QUIZ, TEST MAPWORK
Nov	W3	CH7. The Making of Regional Cultures	Paintings for Patrons: The Traditions of Miniatures The Growth of a Regional Language: Bengal	GROUPDISCUSSION QUIZ, TEST MAPWORK
Nov	W4	CH8. Eighteenth-Century Political Formations	The Crisis of the Empire and the Later Mughals	GROUPDISCUSSION QUIZ, TEST MAPWORK
Nov	W5	CH8. Eighteenth-Century Political Formations	The Rajputs Seizing Independence :	GROUPDISCUSSION QUIZ, TEST MAPWORK

Subject: Social Science

Month	Week	Topics	Sub Topics	Activities
Dec	W1	CH 8. The Making of the National Movement	The Swadeshi Movement: The Congress Split The Khilafat Agitation The Non-Cooperation Movement The Salt March: Quit India Movement:	GROUPDISCUSSION QUIZ, TEST MAPWORK
Dec	W2	CH5 . Women Change the World	Fewer Opportunities and Rigid Expectation Women's Movement	GROUPDISCUSSION QUIZ, TEST MAPWORK
Dec	W3	CH6 Understanding Media	Media and Technology, Media and Money, Media and Democracy	GROUPDISCUSSION QUIZ, TEST MAPWORK
Dec	W4	CH7 Markets Around Us	Weekly Market, Shops in the Neighbourhood, Shopping Complexes, Chain of Markets	GROUPDISCUSSION QUIZ, TEST MAPWORK
Dec	W5	CH8 A Shirt in the Market	Cotton Farmer in Kurnool, The Cloth Market of Erode, The Shirt in the US, Market and Equality, The Garment Exporting Factory Near Delhi.	GROUPDISCUSSION QUIZ, TEST MAPWORK

Subject: Social Science

Month	Week	Topics	Sub Topics	Activities
Jan	W1	Winter break	Winter break	Winter break
Jan	W2	Winter break	Winter break	Winter break
Jan	W3	REVISION	REVISION	REVISION
Jan	W4	REVISION	REVISION	REVISION
Jan	W5	REVISION	REVISION	

Subject: Social Science

Month	Week	Topics	Sub Topics	Activities
Feb	W1	REVISION		
Feb	W2	REVISION & ANUUAL EXAMINATION		
Feb	W3	REVISION & ANUUAL EXAMINATION		
Feb	W4	REVISION & ANUUAL EXAMINATION		
Feb	W5	REVISION & ANUUAL EXAMINATION		

Subject: Social Science

Month	Week	Topics	Sub Topics	Activities
Mar	W1	ANUUAL EXAMINATION	ANUUAL EXAMINATION	
Mar	W2	ANUUAL EXAMINATION	ANUUAL EXAMINATION	
Mar	W3	ANUUAL EXAMINATION	ANUUAL EXAMINATION	
Mar	W4	ANUUAL EXAMINATION	ANUUAL EXAMINATION	
Mar	W5			

Examination Wise Syllabus Breakup 2025-26

Examination	Chapter No./Chapter Name
PT-1	PT1 July HISTORY-1, GEO-1 CIVICS -1
Term-1/Half Yearly Exam	HISTORY-1,2,3,4, ,GEO.-1,2,3 & CIVICS -1,2,3,4
PT-2 DEC	HISTORY-5,6 GEO-4,5 CIVICS -4,5
Term-2/Annual Exam	History-,6,7,8, GEO- 5 ,6,7 CIVICS -,,6,7,8 + 30%of1stTerm(His-ch-4,Geo-4,Civics-4



Chinmaya Vidyalaya
NTPC Unchahar

**ANNUAL SYLLABUS
BREAK UP**

SESSION: 2025-2026

CLASS: VII

Subject :SCIENCE

Subject: SCIENCE

Month	Week	Topics	Sub Topics	Activities
April	W1	Chapter 1: Nutrition in Plants	Introduction to Plant Nutrition	Create a chart on the importance of nutrition in plants
April	W2	Chapter 1: Nutrition in Plants	- Photosynthesis	Create a diagram showing the process of photosynthesis
April	W3	Chapter 1: Nutrition in Plants	Heterotrophic Nutrition, Parasitic Nutrition	Research and present on different modes of nutrition in plants
April	W4	Chapter 1: Nutrition in Plants	Photosynthesis Modes of nutrition	To show that sunlight is necessary for photosynthesis
April	W5	Chapter 1: Nutrition in Plants	Symbiotic associations	Draw collage on nutrition in plants and animals

Subject: SCIENCE

Month	Week	Topics	Sub Topics	Activities
May	W1	Chapter 2: Nutrition in Animals	Human and animal digestive system	Create a chart on the importance of nutrition in animals
May	W2	Chapter 2: Nutrition in Animals Chapter 3: Heat	- Types of Nutrition in Animals Introduction to Heat Definition of Heat, Sources of Heat	Research and present on different types of nutrition in animals Create a chart on the sources of heat
May	W3	SUMMER BREAK		
May	W4	SUMMER BREAK		
May	W5	SUMMER BREAK		

Subject: SCIENCE

Month	Week	Topics	Sub Topics	Activities
June	W1	SUMMER BREAK		
June	W2	SUMMER BREAK		
June	W3	SUMMER BREAK		
June	W4	Chapter 3: Heat	Effects of Heat Expansion, Contraction, Change of State	Research and present on the effects of heat
June	W5	Chapter 3: Heat	Transfer of Heat Conduction, Convection, Radiation	Conduct experiments to demonstrate the transfer of heat

Subject: SCIENCE

Month	Week	Topics	Sub Topics	Activities
July	W1	L.4.Acids, Bases and salts	Introduction to Acids and Bases	Create a chart on the characteristics of acids and bases
July	W2	L.4.Acids, Bases and salts	pH Scale Definition of pH Scale, Importance of pH Scale	Research and present on the importance of pH scale
July	W3	L.5.Physical and chemical changes	Introduction to Physical Changes Definition of Physical Changes, Examples of Physical Changes	Create a chart on the examples of physical changes
July	W4	L.5.Physical and chemical changes	Introduction to Chemical Changes Definition of Chemical Changes, Examples of Chemical Changes	Research and present on the examples of chemical changes
July	W5	L.5.Physical and chemical changes	Differences between Physical and Chemical Changes Characteristics of Physical and Chemical Changes	Create a diagram showing the differences between physical and chemical changes

Subject: SCIENCE

Month	Week	Topics	Sub Topics	Activities
August	W1	L.6.Respiration in organisms	Introduction to Respiration Definition of Respiration, Importance of Respiration	Create a chart on the importance of respiration
August	W2	L.6.Respiration in organisms	Types of Respiration Aerobic and Anaerobic Respiration	Make a model of Respiratory System
August	W3	L.7.Transportation in Animals and plants	Transportation in Animals Circulatory System, Lymphatic System	Create a chart comparing the xylem and phloem.
August	W4	L.7.Transportation in Animals and plants	Comparison of Transportation Systems Similarities and Differences between Animal and Plant Transportation Systems	Create a chart comparing the transportation systems in animals and plants
August	W5	L.7.Transportation in Animals and plants	Revision and Practice	MCQ, Question answers, Fill ups exercises etc

Subject: SCIENCE

Month	Week	Topics	Sub Topics	Activities
September	W1	REVISION		
September	W2	REVISION		
September	W3	REVISION		
September	W4	REVISION		
September	W5	L.8.Reproduction in Plants	Introduction to Reproduction in Plant	Discussion on the topic

Subject: SCIENCE

Month	Week	Topics	Sub Topics	Activities
October	W1	L.8.Reproduction in Plants DUSSHERA BREAK	Definition of Reproduction, Importance of Reproduction in Plants	Create a chart on the importance of reproduction in plants
October	W2	L.8.Reproduction in Plants	Sexual and Asexual Reproduction	Research and present on the differences between sexual and asexual reproduction
October	W3	DIWALI BREAK		
October	W4	L.8.Reproduction in Plants	Plant Reproductive Structures	Differentiating demonstration of Flowers, Fruits, and Seeds
October	W5	L.8.Reproduction in Plants	Types of reproduction Pollination and their types Seed dispersal	Make a Herbarium File showing different reproductive parts of flower

Subject: SCIENCE

Month	Week	Topics	Sub Topics	Activities
November	W1	L.9.Motion and time	Definition of Motion, Types of Motion	Create a chart on the types of motion
November	W2	L.9.Motion and time	Measurement of Time Definition of Time, Units of Time	Research and present on the importance of time measurement
November	W3	L.10.Electric and its Effects	Definition of Electric Current, Importance of Electric Current	Create a chart on the importance of electric current
November	W4	L.10.Electric and its Effects	Effects of Electric Current	Research and present on the effects of electric current
November	W5	L.10.Electric and its Effects	: Revision and Practice	MCQ, Question and Answers ,Fill ups,Etc

Subject: SCIENCE

Month	Week	Topics	Sub Topics	Activities
December	W1	L.11 Light	Introduction to Light Definition of Light, Importance of Light	Create a chart on the importance of light
December	W2	L.11 Light	Reflection and its types Types of mirrors and lenses and their uses Definition of Refraction, Laws of Refraction	Practice drawing diagrams to show reflection of light
December	W3	L.12.Forests Our Lifeline	Definition of Forests, Importance of Forests	
December	W4	L.12.Forests Our Lifeline	Topic - Introduction to Forests Definition of Forests, Importance of Forests	Create a chart on the importance of forests
December	W5	L.12.Forests Our Lifeline	- Forest Ecosystem Producers, Consumers, Decomposers	Create a diagram showing the forest ecosystem

Subject: SCIENCE

Month	Week	Topics	Sub Topics	Activities
January	W1	WINTER BREAK		
January	W2	WINTER BREAK		
January	W3	Chapter 13: Waste Water Story	Create a diagram showing the forest ecosystem	: Create a chart on the sources of waste water
January	W4	Chapter 13: Waste Water Story	Waste water Water treatment plant Ways to reduce waste water	Make a project on Waste water Treatment Plant
January	W5	REVISION FOR ANNUAL EXAMINATION		

Subject: SCIENCE

Month	Week	Topics	Sub Topics	Activities
Feb	W1	REVISION FOR ANUUAL EXAMINATION		
Feb	W2	REVISION FOR ANUUAL EXAMINATION		
Feb	W3	REVISION FOR ANUUAL EXAMINATION		
Feb	W4	REVISION FOR ANUUAL EXAMINATION		
Feb	W5	REVISION FOR ANUUAL EXAMINATION		

Subject: SCIENCE

Month	Week	Topics	Sub Topics	Activities
Mar	W1	REVISION FOR ANUUAL EXAMINATION		
Mar	W2	REVISION FOR ANUUAL EXAMINATION		
Mar	W3	REVISION FOR ANUUAL EXAMINATION		
Mar	W4	REVISION FOR ANUUAL EXAMINATION		
Mar	W5	REVISION FOR ANUUAL EXAMINATION		

Examination Wise Syllabus Breakup 2025-26

Examination	Chapter No./Chapter Name
PT-1	L.1.Nutrition in plants L.2.Nutrition in animals L.3.Heat
Term-1/Half Yearly Exam	L.1.Nutrition in plants L.2.Nutrition in animals L.3.Heat L.4.Acids, Bases and salts L.5.Physical and chemical changes L 6. Respiration in Organisms L.7 Transportation in Animals and Plants
PT-2	L 8. Reproduction in Plants L.9.Motion and time L.10.Electric Current and its Effects
Term-2/Annual Exam	L 8. Reproduction in Plants L.9.Motion and time L.10.Electric current and its Effects L.11..Light L.12..Forests Our Lifeline L 13.Wastewater Story L.2.Nutrition in animals